



# A million and 1

## A poetic understatement

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Sleep that satisfies *you*—you can count on an exceptionally wide margin of safety.<sup>7-9</sup> As always, caution patients about driving or drinking alcohol.



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nights of sleep...

**DALMANE<sup>®</sup>**  
flurazepam HCl/Roche<sup>®</sup>  
**sleep that satisfies**

**References:** 1. Kales J, et al: *Clin Pharmacol Ther* 12:691-697, Jul-Aug 1971. 2. Kales A, et al: *Clin Pharmacol Ther* 18:356-363, Sep 1975. 3. Kales A, et al: *Clin Pharmacol Ther* 19:576-583, May 1976. 4. Kales A, et al: *Clin Pharmacol Ther* 32:781-788, Dec 1982. 5. Frost JD Jr, DeLucchi MR: *J Am Geriatr Soc* 27:541-546, Dec 1979. 6. Dement WC, et al: *Behav Med*, pp. 25-31, Oct 1978. 7. Kales A, Kales JD: *J Clin Psychopharmacol* 3:140-150, Apr 1983. 8. Tennant FS, et al: Symposium on the Treatment of Sleep Disorders, Teleconference, Oct 16, 1984. 9. Greenblatt DJ, Allen MD, Shader RI: *Clin Pharmacol Ther* 21:355-361, Mar 1977.

**DALMANE®**  
flurazepam HCl/Roche®  
**sleep that satisfies**

15-mg/30-mg capsules



Before prescribing, please consult complete product information, a summary of which follows:

**Indications:** Effective in all types of insomnia characterized by difficulty in falling asleep, frequent nocturnal awakenings and/or early morning awakening; in patients with recurring insomnia or poor sleeping habits; in acute or chronic medical situations requiring restful sleep. Objective sleep laboratory data have shown effectiveness for at least 28 consecutive nights of administration. Since insomnia is often transient and intermittent, prolonged administration is generally not necessary or recommended. Repeated therapy should only be undertaken with appropriate patient evaluation.

**Contraindications:** Known hypersensitivity to flurazepam HCl; pregnancy. Benzodiazepines may cause fetal damage when administered during pregnancy. Several studies suggest an increased risk of congenital malformations associated with benzodiazepine use during the first trimester. Warn patients of the potential risks to the fetus should the possibility of becoming pregnant exist while receiving flurazepam. Instruct patients to discontinue drug prior to becoming pregnant. Consider the possibility of pregnancy prior to instituting therapy.

**Warnings:** Caution patients about possible combined effects with alcohol and other CNS depressants. An additive effect may occur if alcohol is consumed the day following use for nighttime sedation. This potential may exist for several days following discontinuation. Caution against hazardous occupations requiring complete mental alertness (e.g., operating machinery, driving). Potential impairment of performance of such activities may occur the day following ingestion. Not recommended for use in persons under 15 years of age. Withdrawal symptoms rarely reported; abrupt discontinuation should be avoided with gradual tapering of dosage for those patients on medication for a prolonged period of time. Use caution in administering to addiction-prone individuals or those who might increase dosage.

**Precautions:** In elderly and debilitated patients, it is recommended that the dosage be limited to 15 mg to reduce risk of oversedation, dizziness, confusion and/or ataxia. Consider potential additive effects with other hypnotics or CNS depressants. Employ usual precautions in severely depressed patients, or in those with latent depression or suicidal tendencies, or in those with impaired renal or hepatic function.

**Adverse Reactions:** Dizziness, drowsiness, lightheadedness, staggering, ataxia and falling have occurred, particularly in elderly or debilitated patients. Severe sedation, lethargy, disorientation and coma, probably indicative of drug intolerance or overdosage, have been reported. Also reported: headache, heartburn, upset stomach, nausea, vomiting, diarrhea, constipation, GI pain, nervousness, talkativeness, apprehension, irritability, weakness, palpitations, chest pains, body and joint pains and GU complaints. There have also been rare occurrences of leukopenia, granulocytopenia, sweating, flushes, difficulty in focusing, blurred vision, burning eyes, faintness, hypotension, shortness of breath, pruritus, skin rash, dry mouth, bitter taste, excessive salivation, anorexia, euphoria, depression, slurred speech, confusion, restlessness, hallucinations, and elevated SGOT, SGPT, total and direct bilirubins, and alkaline phosphatase; and paradoxical reactions, e.g., excitement, stimulation and hyperactivity.

**Dosage:** Individualize for maximum beneficial effect.

**Adults:** 30 mg usual dosage; 15 mg may suffice in some patients. **Elderly or debilitated patients:** 15 mg recommended initially until response is determined.

**Supplied:** Capsules containing 15 mg or 30 mg flurazepam HCl.



Roche Products Inc.  
Manati, Puerto Rico 00701

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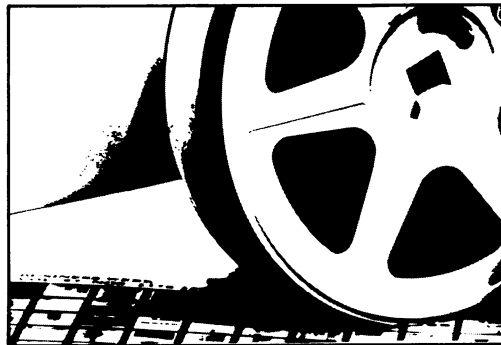
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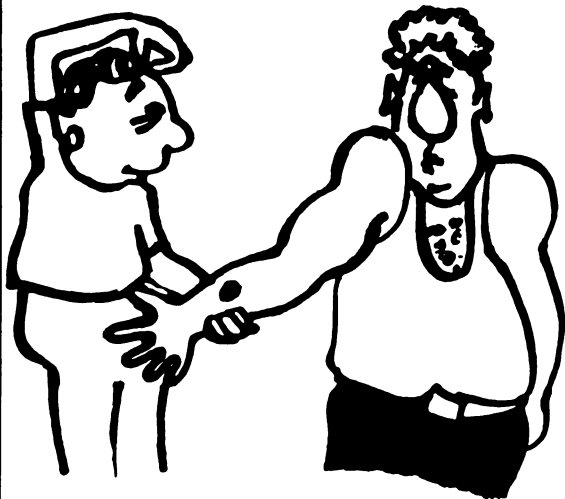
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## SORBITRATE<sup>®</sup>

(ISOSORBIDE DINITRATE)

Please consult full prescribing information before use. A summary follows:

**INDICATIONS AND USAGE:** SORBITRATE (isosorbide dinitrate) is indicated for the treatment and prevention of angina pectoris. All dosage forms of isosorbide dinitrate may be used prophylactically to decrease frequency and severity of anginal attacks and can be expected to decrease the need for sublingual nitroglycerin.

The sublingual and chewable forms of the drug are indicated for acute prophylaxis of angina pectoris when taken a few minutes before situations likely to provoke anginal attacks. Because of a slower onset of effect, the oral forms of isosorbide dinitrate are not indicated for acute prophylaxis.

**CONTRAINDICATIONS:** SORBITRATE is contraindicated in patients who have shown purported hypersensitivity or idiosyncrasy to it or other nitrates or nitrites. Epinephrine and related compounds are ineffective in reversing the severe hypotensive events associated with overdose and are contraindicated in this situation.

**WARNINGS:** The benefits of SORBITRATE during the early days of an acute myocardial infarction have not been established. If one elects to use organic nitrates in early infarction, hemodynamic monitoring and frequent clinical assessment should be used because of the potential deleterious effects of hypotension.

**PRECAUTIONS: General:** Severe hypotensive response, particularly with upright posture, may occur with even small doses of SORBITRATE. The drug should therefore be used with caution in subjects who may have blood volume depletion from diuretic therapy or in subjects who have low systolic blood pressure (eg, below 90 mmHg). Paradoxical bradycardia and increased angina pectoris may accompany nitrate-induced hypotension. Nitrate therapy may aggravate the angina caused by hypertrophic cardiomyopathy.

Marked symptomatic, orthostatic hypotension has been reported when calcium channel blockers and organic nitrates were used in combination. Dose adjustment of either class of agents may be necessary.

Tolerance to this drug and cross-tolerance to other nitrates and nitrites may occur. Tolerance to the vascular and antianginal effects of isosorbide dinitrate or nitroglycerin has been demonstrated in clinical trials, experience through occupational exposure, and in isolated tissue experiments in the laboratory. The importance of tolerance to the appropriate use of isosorbide dinitrate in the management of patients with angina pectoris has not been determined. However, one clinical trial using treadmill exercise tolerance (as an end point) found an 8-hour duration of action of oral isosorbide dinitrate following the first dose (after a 2-week placebo washout) and only a 2-hour duration of effect of the same dose after 1 week of repetitive dosing at conventional dosing intervals. On the other hand, several trials have been able to differentiate isosorbide dinitrate from placebo after 4 weeks of therapy and, in open trials, an effect seems detectable for as long as several months.

Tolerance clearly occurs in industrial workers continuously exposed to nitroglycerin. Moreover, physical dependence also occurs since chest pain, acute myocardial infarction, and even sudden death have occurred during temporary withdrawal of nitroglycerin from the workers. In clinical trials in angina patients, there are reports of anginal attacks being more easily provoked and of rebound in the hemodynamic effects soon after nitrate withdrawal. The relative importance of these observations to the routine, clinical use of isosorbide dinitrate is not known. However, it seems prudent to gradually withdraw patients from isosorbide dinitrate when the therapy is being terminated, rather than stopping the drug abruptly.

**Information for Patients:** Headache may occur during initial therapy with SORBITRATE. Headache is usually relieved by the use of standard headache remedies or by lowering the dose and tends to disappear after the first week or two of use.

**Drug Interactions:** Alcohol may enhance any marked sensitivity to the hypotensive effect of nitrates.

Isosorbide dinitrate acts directly on vascular smooth muscle; therefore, any other agent that depends on vascular smooth muscle as the final common path can be expected to have decreased or increased effect depending on the agent.

**Carcinogenesis, Mutagenesis, Impairment of Fertility:** No long-term studies in animals have been performed to evaluate the carcinogenic potential of this drug. A modified two-litter reproduction study in rats fed isosorbide dinitrate at 25 or 100 mg/kg/day did not reveal any effects on fertility or gestation or any remarkable gross pathology in any parent or offspring fed isosorbide dinitrate as compared with rats fed a basal controlled diet.

**Pregnancy Category C:** Isosorbide dinitrate has been shown to cause a dose-related increase in embryotoxicity (increase in mummified pups) in rabbits at oral doses 35 and 150 times the maximum recommended human daily dose. There are no adequate and well-controlled studies in pregnant women. SORBITRATE should be used during pregnancy only if the potential benefit justifies the potential risk to the fetus.

**Nursing Mothers:** It is not known whether this drug is excreted in human milk. Because many drugs are excreted in human milk, caution should be exercised when SORBITRATE is administered to a nursing woman.

**Pediatric Use:** The safety and effectiveness of SORBITRATE in children has not been established.

**ADVERSE REACTIONS:** Adverse reactions, particularly headache and hypotension, are dose-related. In clinical trials at various doses, the following have been observed:

Headache is the most common (reported incidence varies widely, apparently being dose-related, with an average occurrence of about 25%) adverse reaction and may be severe and persistent. Cutaneous vasodilation with flushing may occur. Transient episodes of dizziness and weakness, as well as other signs of cerebral ischemia associated with postural hypotension, may occasionally develop (the incidence of reported symptomatic hypotension ranges from 2% to 36%). An occasional individual will exhibit marked sensitivity to the hypotensive effects of nitrates and severe responses (nausea, vomiting, weakness, restlessness, pallor, perspiration, and collapse) may occur even with the usual therapeutic dose. Drug rash and/or exfoliative dermatitis may occasionally occur. Nausea and vomiting appear to be uncommon. Case reports of clinically significant methemoglobinemia are rare at conventional doses of organic nitrates. The formation of methemoglobin is dose-related and, in the case of genetic abnormalities of hemoglobin that favor methemoglobin formation, even conventional doses of organic nitrate could produce harmful concentrations of methemoglobin.

**DOSEAGE AND ADMINISTRATION:** For the treatment of angina pectoris, the usual starting dose for sublingual SORBITRATE is 2.5 to 5 mg, for chewable tablets, 5 mg, for oral (swallowed) tablets, 5 to 20 mg, and for controlled-release forms, 40 mg.

SORBITRATE should be titrated upward until angina is relieved or side effects limit the dose. In ambulatory patients, the magnitude of the incremental dose increase should be guided by measurements of standing blood pressure.

The initial dosage of sublingual or chewable SORBITRATE for prophylactic therapy in angina pectoris patients is generally 5 or 10 mg every 2 to 3 hours. Adequate controlled clinical studies demonstrating the effectiveness of chronic maintenance therapy with these dosage forms have not been reported.

SORBITRATE in oral doses of 10 to 40 mg given every 6 hours or in oral controlled-release doses of 40 to 80 mg given every 8 to 12 hours is generally recommended. The extent to which development of tolerance should modify the dosage program has not been defined. The oral controlled-release forms of isosorbide dinitrate should not be chewed.

**DOSEAGE FORMS AVAILABLE:** Sublingual Tablets (2.5, 5, 10 mg), Chewable Tablets (5, 10 mg), Oral Tablets (5, 10, 20, 30, 40 mg), Sustained Action Tablets (40 mg).



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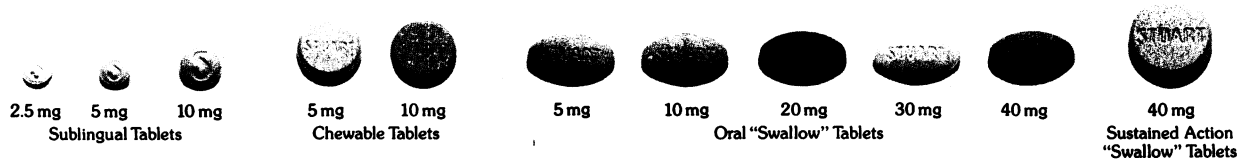


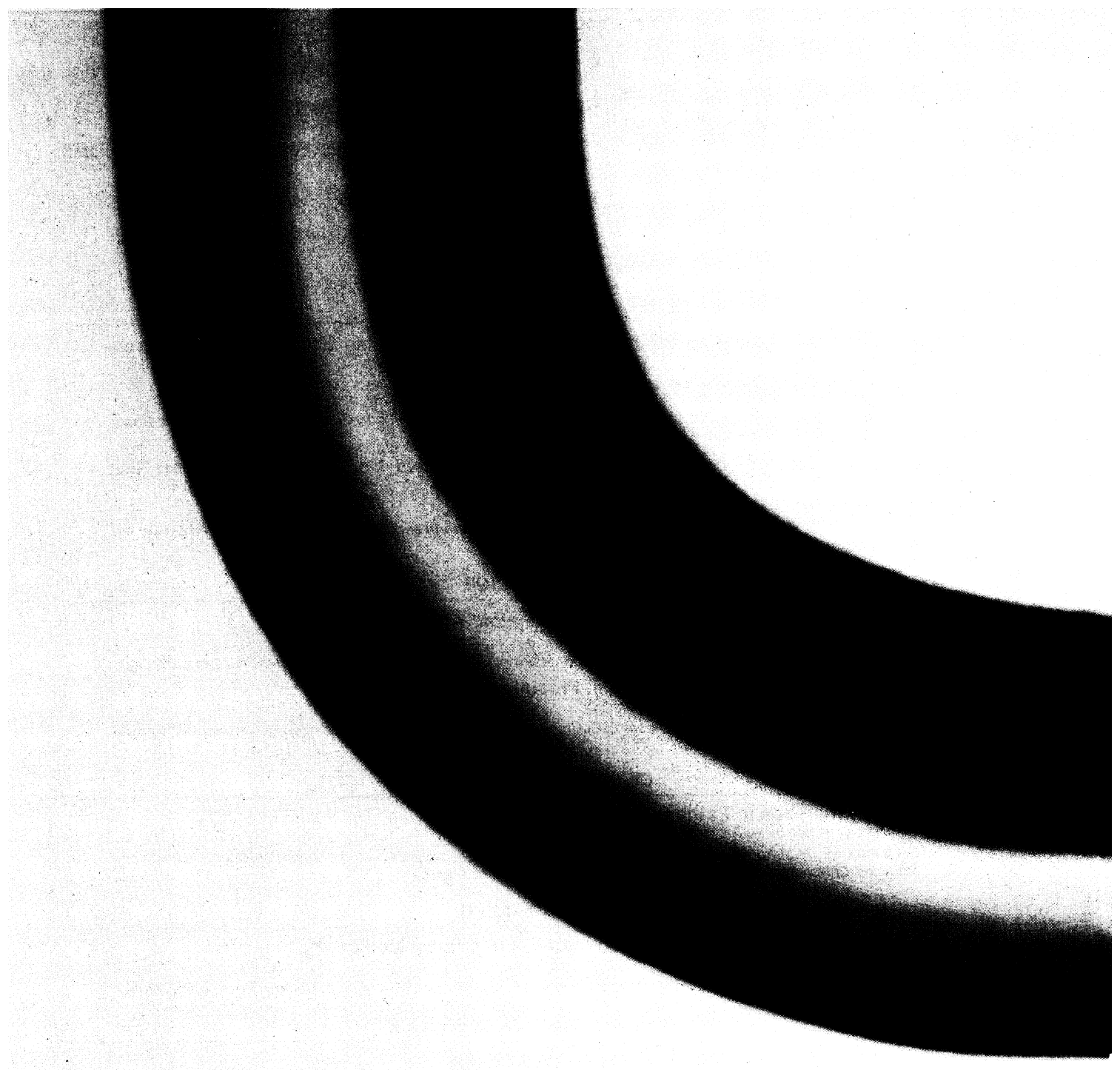
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many forms...**



**So does**  
**SORBITRATE<sup>®</sup>**  
**(ISOSORBIDE DINITRATE)**

**Unsurpassed flexibility  
in nitrate therapy.**





“With [CAPOTEN® (captopril tablets)]  
it appears that for the first time ever a  
patient can feel as well on treatment for  
high blood pressure as he does off it.”<sup>1</sup>

\*Angiotensin Converting Enzyme

†CAPOTEN may be used as initial therapy only for patients with normal renal function in whom the risk of neutropenia/agranulocytosis is relatively low (1 out of over 8,600 in clinical trials). Use special precautions in patients with impaired renal function, collagen vascular disorders, or those exposed to other drugs known to affect the white cells or immune response. Evaluation of hypertensives should always include assessment of renal function. See INDICATIONS, WARNINGS, and ADVERSE REACTIONS in the brief summary on the adjacent page.

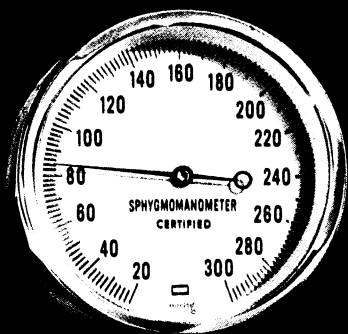
‡The most frequently occurring adverse reactions are skin rash and taste alteration; both effects are generally mild, reversible, or self-limited.

**Reference:**

1. Stumpe KO, Overlack A, Kolloch R, et al: Long-term efficacy of angiotensin-converting-enzyme inhibition with captopril in mild-to-moderate essential hypertension. *Br J Clin Pharmacol* 14(suppl 2):121S-126S, 1982.

New Prescribing Freedom—  
Mild-to-Moderate Hypertension

# Capoten Now for All Degrees of Hypertension



- ☐ Now for initial therapy of hypertension<sup>†</sup>
- ☐ Effective alone or in combination with diuretics
- ☐ Fatigue, loss of libido, impotence, and mental impairment almost never occur<sup>‡</sup>
- ☐ Convenient bid dosage

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**CAPOTEN**<sup>®</sup>  
*captopril tablets*

HELP PUT QUALITY BACK INTO LIVING



**CAPOTEN® TABLETS**  
**Captopril Tablets**

**INDICATIONS: Hypertension**—CAPOTEN (captopril) is indicated for the treatment of hypertension. Consideration should be given to the risk of neutropenia/agranulocytosis (see WARNINGS). CAPOTEN may be used as initial therapy for patients with normal renal function, in whom the risk is relatively low. In patients with impaired renal function, particularly those with collagen vascular disease, captopril should be reserved for those who have either developed unacceptable side effects on other drugs, or have failed to respond satisfactorily to drug combinations. CAPOTEN is effective alone and in combination with other antihypertensive agents, especially thiazide-type diuretics.

**Heart Failure:** CAPOTEN (captopril) is indicated in patients with heart failure who have not responded adequately to or cannot be controlled by conventional diuretic and digitalis therapy. CAPOTEN is to be used with diuretics and digitalis.

**WARNINGS: Neutropenia/Agranulocytosis**—Neutropenia ( $<1000/\text{mm}^3$ ) with myeloid hypoplasia has resulted from use of captopril. About half of the neutropenic patients developed systemic or oral cavity infections or other features of the syndrome of agranulocytosis. The risk of neutropenia is dependent on the clinical status of the patient:

In clinical trials in patients with hypertension who have normal renal function (serum creatinine  $<1.6 \text{ mg/dL}$  and no collagen disease), neutropenia has been seen in one patient out of over 8,600 exposed. In patients with some degree of renal failure (serum creatinine at least  $1.6 \text{ mg/dL}$ ) but no collagen vascular disease, the risk in clinical trials was about 1 per 500. Doses were relatively high in these patients, particularly in view of their diminished renal function. In patients with collagen vascular diseases (e.g., systemic lupus erythematosus, scleroderma) and impaired renal function, neutropenia occurred in 3.7% of patients in clinical trials. While none of the over 750 patients in formal clinical trials of heart failure developed neutropenia, it has occurred during subsequent clinical experience. Of reported cases, about half had serum creatinine  $\geq 1.6 \text{ mg/dL}$  and more than 75% received procainamide. In heart failure, it appears that the same risk factors for neutropenia are present.

Neutropenia has appeared within 3 months after starting therapy, associated with myeloid hypoplasia and frequently accompanied by erythroid hypoplasia and decreased numbers of megakaryocytes (e.g., hypoplastic bone marrow and pancytopenia); anemia and thrombocytopenia were sometimes seen. Neutrophils generally returned to normal in about 2 weeks after captopril was discontinued, and serious infections were limited to clinically complex patients. About 13% of the cases of neutropenia have ended fatally, but almost all fatalities were in patients with serious illness, having collagen vascular disease, renal failure, heart failure or immunosuppressant therapy, or a combination of these complicating factors.

**Evaluation of the hypertensive or heart failure patient should always include assessment of renal function.** If captopril is used in patients with impaired renal function, white blood cell and differential counts should be evaluated prior to starting treatment and at approximately 2-week intervals for about 3 months, then periodically. In patients with collagen vascular disease or who are exposed to other drugs known to affect the white cells or immune response, particularly when there is impaired renal function, captopril should be used only after an assessment of benefit and risk, and then with caution. A patient treated with captopril should be told to report any signs of infection (e.g., sore throat, fever); if infection is suspected, perform counts without delay. Since discontinuation of captopril and other drugs has generally led to prompt return of the white count to normal upon confirmation of neutropenia (neutrophil count  $<1000/\text{mm}^3$ ) withdrawn captopril and closely follow the patient's count.

**Proteinuria**—Total urinary proteins  $>1 \text{ g/day}$  were seen in about 0.7% of patients on captopril. About 90% of affected patients had evidence of prior renal disease or received high doses ( $>150 \text{ mg/day}$ ) of both. The nephrotic syndrome occurred in about one-fifth of proteinuric patients. In most cases, proteinuria subsided or cleared within 6 months whether or not captopril was continued. The BUN and creatinine were seldom altered in proteinuric patients. Since most cases of proteinuria occurred by the 8th month of therapy, patients with prior renal disease or those receiving captopril at doses  $>150 \text{ mg/day}$  should have urinary protein estimates (dip-stick on 1st morning urine) before therapy, and periodically thereafter.

**Hypotension**—Excessive hypotension was rarely seen in hypertensive patients but is a possibility in severely salt/volume-depleted persons such as those treated vigorously with diuretics (see PRECAUTIONS [Drug Interactions]).

In heart failure, where blood pressure was either normal or low, transient decreases in mean blood pressure  $>20\%$  were recorded in about half of the patients. This transient hypotension may occur after any of the first several doses and is usually well tolerated, although rarely it has been associated with arrhythmia or conduction defects. A starting dose of 6.25 or 12.5 mg tid may minimize the hypotensive effect. Patients should be followed closely for the first 2 weeks of treatment and whenever the dose of captopril and/or diuretic is increased.

**BECAUSE OF THE POTENTIAL FALL IN BLOOD PRESSURE IN THESE PATIENTS, THERAPY SHOULD BE STARTED UNDER VERY CLOSE MEDICAL SUPERVISION.**

**PRECAUTIONS: General:** **Impaired Renal Function,** Hypertension—Some hypertensive patients with renal disease, particularly those with severe renal artery stenosis, have developed increases in BUN and serum creatinine. It may be necessary to reduce captopril dosage and/or discontinue diuretic. For some of these patients, normalization of blood pressure and maintenance of adequate renal perfusion may not be possible. **Heart Failure**—About 20% of patients develop stable elevations of BUN and serum creatinine  $>20\%$  above normal or baseline upon long-term treatment. Less than 5% of patients, generally with severe preexisting renal disease, required discontinuation due to progressively increasing creatinine. See DOSAGE AND ADMINISTRATION, ADVERSE REACTIONS [Altered Laboratory Findings]. **Valvular Stenosis**—A theoretical concern, for risk of decreased coronary perfusion, has been noted regarding vasodilator treatment in patients with aortic stenosis due to decreased afterload reduction.

**Surgery/Anesthesia**—If hypotension occurs during major surgery or anesthesia, and is considered due to the effects of captopril, it is correctable by volume expansion.

**Drug Interactions: Hypotension: Patients on Diuretic Therapy**—Precipitous reduction of blood pressure may occasionally occur within the 1st hour after administration of the initial captopril dose in patients on diuretics, especially those recently placed on diuretics, and those on severe dietary salt restriction or dialysis. This possibility can be minimized by either discontinuing the diuretic or increasing the salt intake about 1 week prior to initiation of captopril therapy or by initiating therapy with small doses (6.25 or 12.5 mg). Alternatively, provide medical supervision for at least 1 hour after the initial dose.

**Agents Having Vasodilator Activity**—In heart failure patients, vasodilators should be administered with caution.

**Agents Causing Renin Release**—Captopril's effect will be augmented by antihypertensive agents that cause renin release.

**Agents Affecting Sympathetic Activity**—The sympathetic nervous system may be especially important in supporting blood pressure in patients receiving captopril alone or with diuretics. Beta-adrenergic blocking drugs add some further antihypertensive effect to captopril, but the overall response is less than additive. Therefore, use agents affecting sympathetic activity (e.g., ganglionic blocking agents or adrenergic neuron blocking agents) with caution.

**Agents Increasing Serum Potassium**—Give potassium-sparing diuretics or potassium supplements only for documented hypokalemia, and then with caution, since they may lead to a significant increase of serum potassium. Use potassium-containing salt substitutes with caution.

**Inhibitors of Endogenous Prostaglandin Synthesis**—Ibuprofen and other nonsteroidal anti-inflammatory agents may reduce the antihypertensive effect of captopril, especially in low renin hypertension.

**Drug/Laboratory Test Interaction:** Captopril may cause a false-positive urine test for acetone.

**Carcinogenesis, Mutagenesis and Impairment of Fertility:** Two-year studies with doses of 50 to 1350 mg/kg/day in mice and rats failed to show any evidence of carcinogenic potential. Studies in rats have revealed no impairment of fertility.

**Pregnancy: Category C**—There are no adequate and well-controlled studies in pregnant women. Embryocidal effects were observed in rabbits. Therefore, captopril should be used during pregnancy only if the potential benefit outweighs the potential risk to the fetus. Captopril crosses the human placenta.

**Nursing Mothers:** Captopril is secreted in human milk. Exercise caution when administering captopril to nursing women, and, in general, nursing should be interrupted.

**Pediatric Use:** Safety and effectiveness in children have not been established although there is limited experience with use of captopril in children from 2 months to 15 years of age. Dosage, on a weight basis, was comparable to that used in adults. Captopril should be used in children only if other measures for controlling blood pressure have not been effective.

**ADVERSE REACTIONS:** Reported incidences are based on clinical trials involving approximately 7,000 patients.

**Renal**—About 1 of 100 patients developed proteinuria (see WARNINGS). Renal insufficiency, renal failure, polyuria, oliguria, and urinary frequency in 1 to 2 of 1000 patients.

**Hematologic**—Neutropenia/agranulocytosis have occurred (see WARNINGS). Anemia, thrombocytopenia, and pancytopenia have been reported.

**Dermatologic**—Rash (usually maculopapular, rarely urticarial), often with pruritus and sometimes with fever and eosinophilia, in about 4 to 7 of 100 patients (depending on renal status and dose), usually during the 1st 4 weeks of therapy. Pruritus, without rash, in about 2 of 100 patients. A reversible associated pemphigoid-like lesion, and photosensitivity have also been reported. Angioedema of the face, mucous membranes of the mouth, or of the extremities in about 1 of 1000 patients—reversible on discontinuance of captopril therapy. One case of laryngeal edema reported. Flushing or pallor in 2 to 5 of 1000 patients.

**Cardiovascular**—Hypotension may occur, see WARNINGS and PRECAUTIONS (Drug Interactions) for discussion of hypotension on initiation of captopril therapy. Tachycardia, chest pain, and palpitations each in about 1 of 100 patients. Angina pectoris, myocardial infarction, Raynaud's syndrome, and congestive heart failure each in 2 to 3 of 1000 patients.

**Dysgeusia**—About 2 to 4 (depending on renal status and dose) of 100 patients developed a diminution or loss of taste perception; taste impairment is reversible and usually self-limited even with continued drug use (2 to 3 months). Gastric irritation, abdominal pain, nausea, vomiting, diarrhea, anorexia, constipation, aphthous ulcers, peptic ulcer, dizziness, headache, malaise, fatigue, insomnia, dry mouth, dyspnea, cough, alopecia, and paresthesias reported in about 0.5 to 2% of patients but did not appear at increased frequency compared to placebo or other treatments used in controlled trials.

**Altered Laboratory Findings:** Elevations of liver enzymes in a few patients although no causal relationship has been established. Rarely cholestatic jaundice and hepatocellular injury with or without secondary cholestasis, have been reported. A transient elevation of BUN and serum creatinine may occur, especially in volume-depleted or renovascular hypertensive patients. In instances of rapid reduction of longstanding or severely elevated blood pressure, the glomerular filtration rate may decrease transiently, also resulting in transient rises in serum creatinine and BUN. Small increases in serum potassium concentration frequently occur, especially in patients with renal impairment (see PRECAUTIONS).

**OVERDOSAGE:** Primary concern is correction of hypotension. Volume expansion with an I.V. infusion of normal saline is the treatment of choice for restoration of blood pressure. Captopril may be removed from the general circulation by hemodialysis.

**DOSAGE AND ADMINISTRATION:** CAPOTEN (captopril) should be taken one hour before meals. In hypertension, CAPOTEN may be dosed bid or tid. Dosage must be individualized; see DOSAGE AND ADMINISTRATION section of package insert for detailed information regarding dosage in hypertension and in heart failure. Because CAPOTEN (captopril) is excreted primarily by the kidneys, dosage adjustments are recommended for patients with impaired renal function.

**Consult package insert before prescribing CAPOTEN (captopril).**

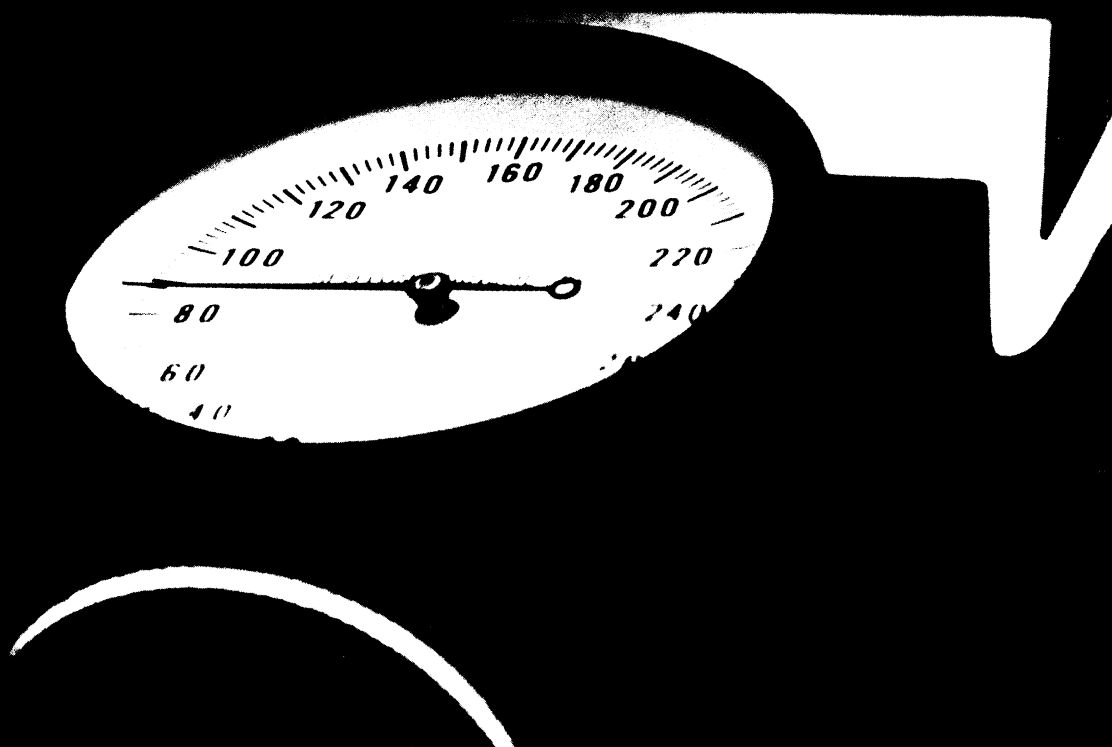
**HOW SUPPLIED:** Available in tablets of 12.5, 25, 50, and 100 mg in bottles of 100 (25 mg also available in bottles of 1000), and in UNIMATIC® single dose packs of 100 tablets.

(J3-658C)



INNOVATORS IN CARDIOVASCULAR MEDICINE

Right from the start  
in hypertension...



## Once-daily INDERAL LA (propranolol HCl) for smooth blood pressure control without the potassium problems of diuretics

Once-daily INDERAL LA (propranolol HCl) avoids the risk of diuretic-induced ECG abnormalities due to hypokalemia.<sup>1,2</sup> In addition, INDERAL LA preserves potassium balance without additive agents or supplements while providing simple, well-tolerated therapy with broad cardiovascular benefits.

## Once-daily INDERAL LA for the cardiovascular benefits of the world's leading beta blocker

Simply start with 80 mg once daily. Dosage may be increased to 120 mg to 160 mg once daily as needed to achieve additional control.

Like conventional INDERAL tablets, INDERAL LA should not be used in the presence of congestive heart failure, sinus bradycardia, heart block greater than first degree, and bronchial asthma.



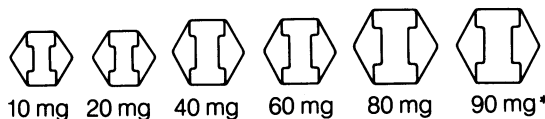
80 mg    120 mg    160 mg

The appearance of these capsules  
is a registered trademark  
of Ayerst Laboratories

Please see brief summary of prescribing information  
on the next page for further details.

“When it comes to cardiovascular medicine, I like to know exactly what my patients are swallowing.”

# **INDERAL<sup>®</sup> Tablets** **BRAND OF PROPRANOLOL HCl**



BRIEF SUMMARY (FOR FULL PRESCRIBING INFORMATION, SEE PACKAGE CIRCULAR.)

**INDERAL<sup>®</sup>** (propranolol hydrochloride) Tablets

## **CONTRAINDICATIONS**

INDERAL is contraindicated in 1) cardiogenic shock, 2) sinus bradycardia and greater than first degree block, 3) bronchial asthma, 4) congestive heart failure (see WARNINGS) unless the failure is secondary to a tachyarrhythmia treatable with INDERAL.

## **WARNINGS**

**CARDIAC FAILURE:** Sympathetic stimulation may be a vital component supporting circulatory function in patients with congestive heart failure, and its inhibition by beta blockade may precipitate more severe failure. Although beta blockers should be avoided in overt congestive heart failure, if necessary they can be used with close follow-up in patients with a history of failure who are well compensated and are receiving digitalis and diuretics. Beta-adrenergic blocking agents do not abolish the inotropic action of digitalis on heart muscle.

**IN PATIENTS WITHOUT A HISTORY OF HEART FAILURE,** continued use of beta blockers can, in some cases, lead to cardiac failure. Therefore, at the first sign or symptom of heart failure, the patient should be digitalized and/or treated with diuretics, and the response observed closely, or INDERAL should be discontinued (gradually, if possible).

**IN PATIENTS WITH ANGINA PECTORIS,** there have been reports of exacerbation of angina and, in some cases, myocardial infarction, following abrupt discontinuance of INDERAL therapy. Therefore, when discontinuance of INDERAL is planned the dosage should be gradually reduced over at least a few weeks and the patient should be cautioned against interruption or cessation of therapy without the physician's advice. If INDERAL therapy is interrupted and exacerbation of angina occurs, it usually is advisable to reinstitute INDERAL therapy and take other measures appropriate for the management of unstable angina pectoris. Since coronary artery disease may be unrecognized, it may be prudent to follow the above advice in patients considered at risk of having occult atherosclerotic heart disease who are given propranolol for other indications.

**Nonallergic Bronchospasm (e.g., chronic bronchitis, emphysema)—PATIENTS WITH BRONCHOSPASTIC DISEASES SHOULD IN GENERAL NOT RECEIVE BETA BLOCKERS.** INDERAL should be administered with caution since it may block bronchodilation produced by endogenous and exogenous catecholamine stimulation of beta receptors.

**MAJOR SURGERY:** The necessity or desirability of withdrawal of beta-blocking therapy prior to major surgery is controversial. It should be noted, however, that the impaired ability of the heart to respond to reflex adrenergic stimuli may augment the risks of general anesthesia and surgical procedures.

INDERAL, like other beta blockers, is a competitive inhibitor of beta-receptor agonists and its effects can be reversed by administration of such agents, e.g., dobutamine or isoproterenol. However, such patients may be subject to protracted severe hypotension. Difficulty in starting and maintaining the heartbeat has also been reported with beta blockers.

**DIABETES AND HYPOGLYCEMIA:** Beta-adrenergic blockade may prevent the appearance of certain premonitory signs and symptoms (pulse rate and pressure changes) of acute hypoglycemia in labile insulin-dependent diabetes. In these patients, it may be more difficult to adjust the dosage of insulin.

**THYROTOXICOSIS:** Beta blockade may mask certain clinical signs of hyperthyroidism. Therefore, abrupt withdrawal of propranolol may be followed by an exacerbation of symptoms of hyperthyroidism, including thyroid storm. Propranolol does not distort thyroid function tests.

**IN PATIENTS WITH WOLFF-PARKINSON-WHITE SYNDROME,** several cases have been reported in which, after propranolol, the tachycardia was replaced by a severe bradycardia requiring a demand pacemaker. In one case this resulted after an initial dose of 5 mg propranolol.

## **PRECAUTIONS**

General: Propranolol should be used with caution in patients with impaired hepatic or renal function. INDERAL is not indicated for the treatment of hypertensive emergencies.

Beta-adrenoreceptor blockade can cause reduction of intraocular pressure. Patients should be told that INDERAL (propranolol hydrochloride) may interfere with the glaucoma screening test. Withdrawal may lead to a return of increased intraocular pressure.

**Clinical Laboratory Tests:** Elevated blood urea levels in patients with severe heart disease, elevated serum transaminase, alkaline phosphatase, lactate dehydrogenase.

**DRUG INTERACTIONS:** Patients receiving catecholamine-depleting drugs such as reserpine should be closely observed if INDERAL is administered. The added catecholamine-blocking action may produce an excessive reduction of resting sympathetic nervous activity which may result in hypotension, marked bradycardia, vertigo, syncopal attacks, or orthostatic hypotension.

**Carcinogenesis, Mutagenesis, Impairment of Fertility:** Long-term studies in animals have been conducted to evaluate toxic effects and carcinogenic potential. In 18-month studies in both rats and mice, employing doses up to 150 mg/kg/day, there was no evidence of significant drug-induced toxicity. There were no drug-related tumorigenic effects at any of the dosage levels. Reproductive studies in animals did not show any impairment of fertility that was attributable to the drug.

**Pregnancy:** Pregnancy Category C. INDERAL has been shown to be embryotoxic in animal studies at doses about 10 times greater than the maximum recommended human dose.

There are no adequate and well-controlled studies in pregnant women. INDERAL should be used during pregnancy only if the potential benefit justifies the potential risk to the fetus.

**Nursing Mothers:** INDERAL is excreted in human milk. Caution should be exercised when INDERAL is administered to a nursing woman.

**Pediatric Use:** Safety and effectiveness in children have not been established.

## **ADVERSE REACTIONS**

Most adverse effects have been mild and transient and have rarely required the withdrawal of therapy.

**Cardiovascular:** bradycardia; congestive heart failure; intensification of AV block; hypotension; paresthesia of hands; thrombocytopenic purpura; arterial insufficiency, usually of the Raynaud type.

**Central Nervous System:** Lightheadedness; mental depression manifested by insomnia, lassitude, weakness, fatigue; reversible mental depression progressing to cataplexy; visual disturbances, hallucinations; an acute reversible syndrome characterized by disorientation for time and place, short-term memory loss, emotional lability, slightly clouded sensorium, and decreased performance on neuropsychometrics.

**Gastrointestinal:** nausea, vomiting, epigastric distress, abdominal cramping, diarrhea, constipation, mesenteric arterial thrombosis, ischemic colitis.

**Allergic:** pharyngitis and agranulocytosis, erythematous rash, fever combined with aching and sore throat, laryngospasm and respiratory distress.

**Respiratory:** bronchospasm.

**Hematologic:** agranulocytosis, nonthrombocytopenic purpura, thrombocytopenic purpura.

**Auto-Immune:** In extremely rare instances, systemic lupus erythematosus has been reported.

**Miscellaneous:** alopecia, LE-like reactions, psoriasiform rashes, dry eyes, male impotence, and Peyronie's disease have been reported rarely. Oculomucocutaneous reactions involving the skin, serous membranes and conjunctivae reported for a beta blocker (practolol) have not been associated with propranolol.

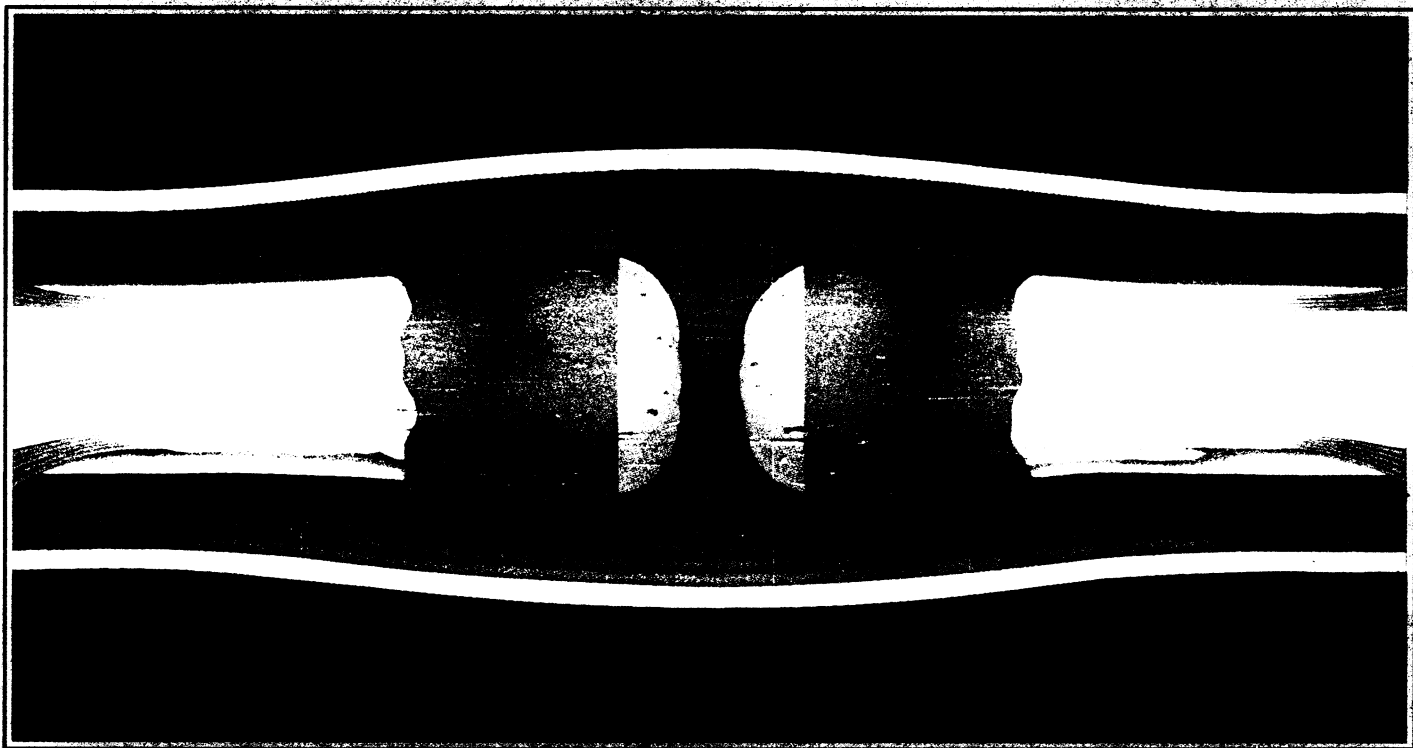
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**Ayerst.**

AYERST LABORATORIES  
New York, N.Y. 10017

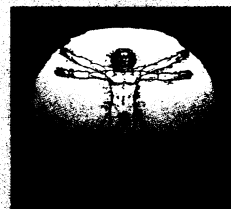


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**Feldene**  
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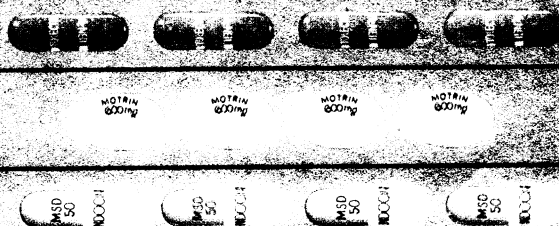


Please see a brief summary of FELDENE (piroxicam) prescribing information on the following page.

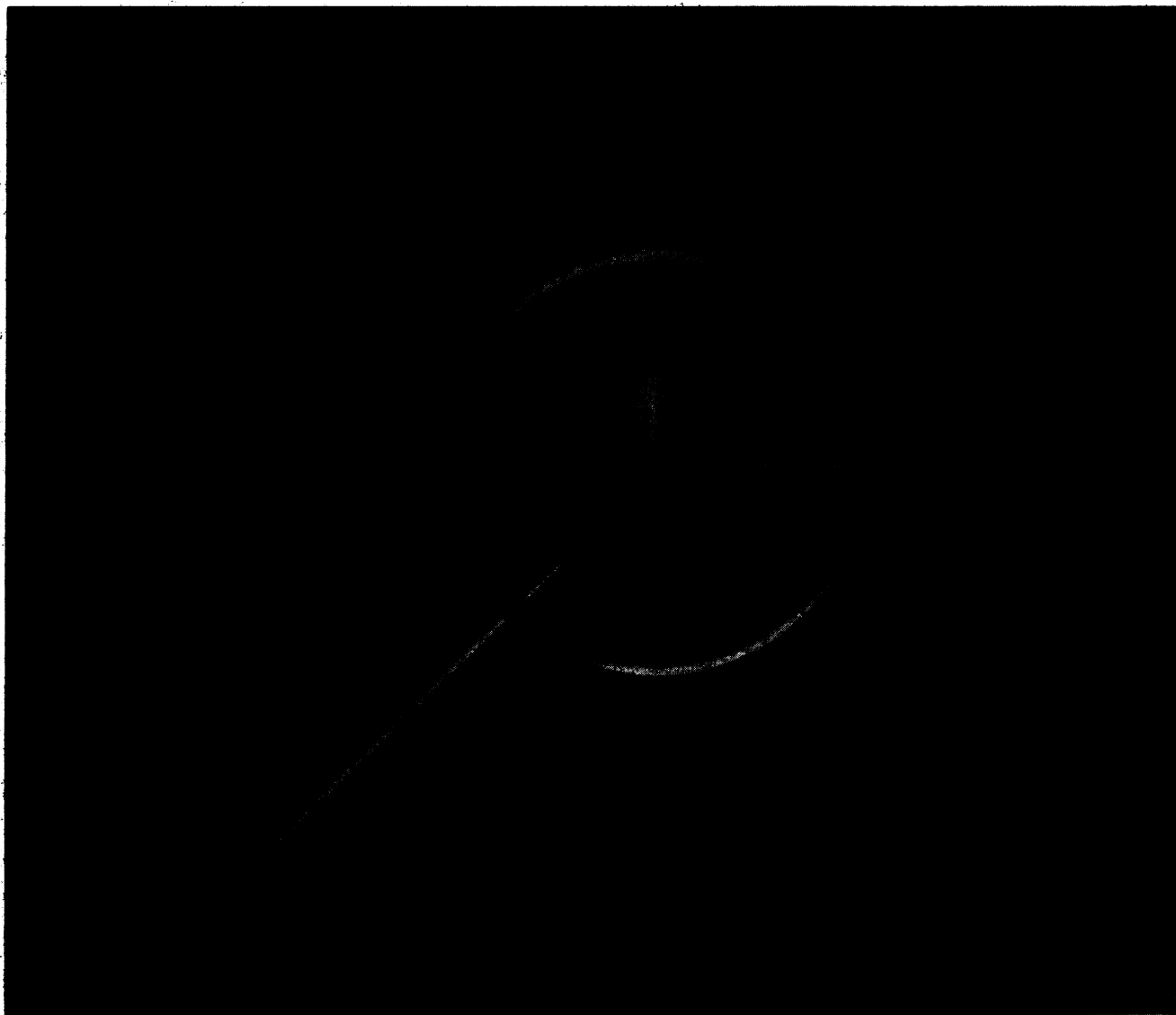
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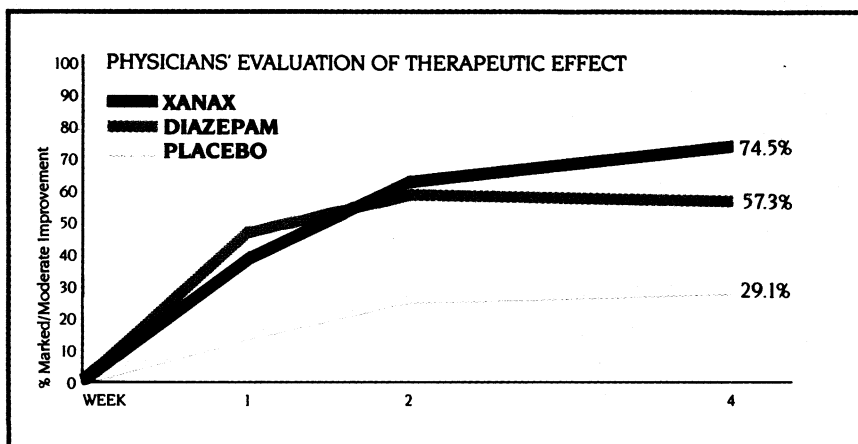
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# FOR CLINICAL ANXIETY

## EFFICACY EQUAL TO DIAZEPAM WITH LESS DROWSINESS

In double-blind, placebo-controlled clinical trials in 976 patients with moderate to severe clinical anxiety, therapy with XANAX was compared to diazepam.\*

Patients treated with XANAX had a significantly lower incidence of drowsiness when compared directly to diazepam therapy in a 976-patient, placebo-controlled, multicenter study.\*

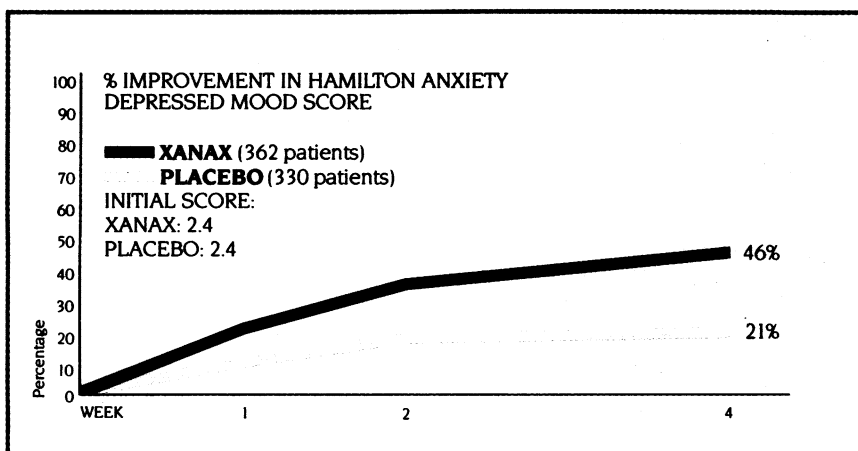


# AND CLINICAL ANXIETY WITH DEPRESSIVE SYMPTOMS

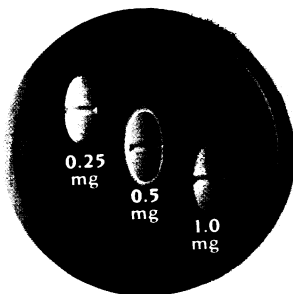
## EFFECTIVE IN CLINICAL ANXIETY WITH DEPRESSIVE SYMPTOMS

Patients with clinical anxiety may complain of having feelings of depression, such as sadness, blue-ness, or loneliness.

Depressed mood is one of 14 items on the Hamilton Anxiety Rating Scale. Special analysis of 692 anxious patients with a significant depressed mood item score showed that treatment with XANAX was significantly better than placebo in decreasing depressed mood score.



**SIMPLE DOSAGE:**  
**XANAX 0.25–0.5 mg T.I.D.**

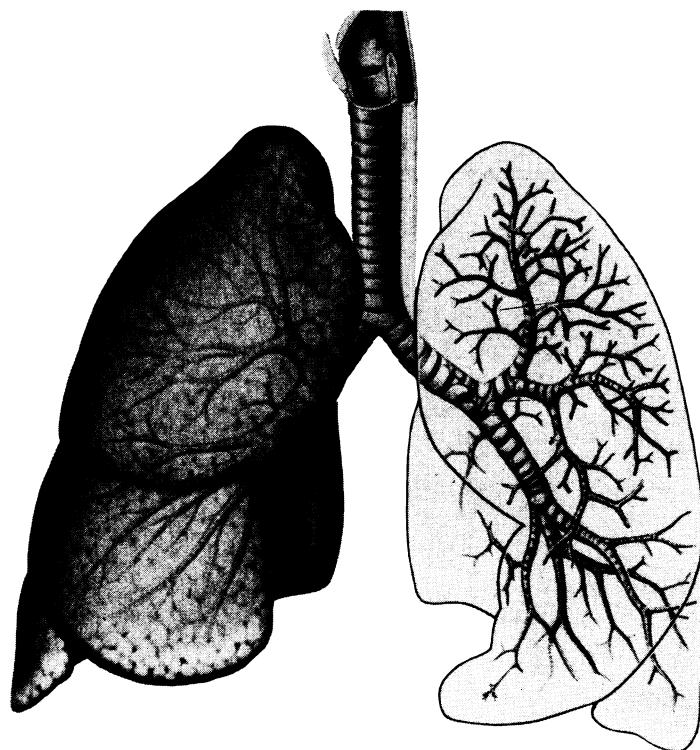


The usual starting dose of XANAX is 0.25 to 0.5 mg, three times daily.

Please see next page for brief summary of prescribing information.

**Xanax**® 0.5 mg  
Tablets  
alprazolam ©

# Consider the causative organisms...



**Cecilor®**  
cefactor

**250-mg Pulvules® t.i.d.**

**offers effectiveness against  
the major causes of bacterial bronchitis**

***H. influenzae*, *H. influenzae*, *S. pneumoniae*, *S. pyogenes***  
(ampicillin-susceptible) (ampicillin-resistant)

**Brief Summary: Consult the package literature for prescribing information.**

**Indications and Usage:** Cecilor® (cefactor, Lilly) is indicated in the treatment of the following infections when caused by susceptible strains of the designated microorganisms:

**Lower respiratory infections:** including pneumonia caused by *Streptococcus pneumoniae* (*Diplococcus pneumoniae*), *Haemophilus influenzae*, and *S. pyogenes* (group A beta-hemolytic streptococci).

Appropriate culture and susceptibility studies should be performed to determine susceptibility of the causative organism to Cecilor.

**Contraindication:** Cecilor is contraindicated in patients with known allergy to the cephalosporin group of antibiotics.

**Warnings:** IN PENICILLIN-SENSITIVE PATIENTS, CEPHALOSPORIN ANTIBIOTICS SHOULD BE ADMINISTERED CAUTIOUSLY. THERE IS CLINICAL AND LABORATORY EVIDENCE OF PARTIAL CROSS-ALLERGENICITY OF THE PENICILLINS AND THE CEPHALOSPORINS, AND THERE ARE INSTANCES IN WHICH PATIENTS HAVE HAD REACTIONS, INCLUDING ANAPHYLAXIS, TO BOTH DRUG CLASSES.

Antibiotics, including Cecilor, should be administered cautiously to any patient who has demonstrated some form of allergy, particularly to drugs.

Pseudomembranous colitis has been reported with virtually all broad-spectrum antibiotics including macrolides, semisynthetic penicillins, and cephalosporins; therefore, it is important to consider its diagnosis in patients who develop diarrhea in association with the use of antibiotics. Such colitis may range in severity from mild to life-threatening.

Treatment with broad-spectrum antibiotics alters the normal flora of the colon and may permit overgrowth of clostridia. Studies indicate that a toxin produced by *Clostridium difficile* is one primary cause of antibiotic-associated colitis.

Mild cases of pseudomembranous colitis usually respond to drug discontinuance alone. In moderate to severe cases, manage-

ment should include sigmoidoscopy, appropriate bacteriologic studies, and fluid, electrolyte, and protein supplementation. When the colitis does not improve after the drug has been discontinued, or when it is severe, oral vancomycin is the drug of choice for antibiotic-associated pseudomembranous colitis produced by *C. difficile*. Other causes of colitis should be ruled out.

**Precautions: General Precautions** — If an allergic reaction to Cecilor® (cefactor, Lilly) occurs, the drug should be discontinued, and, if necessary, the patient should be treated with appropriate agents, e.g., pressor amines, antihistamines, or corticosteroids.

Prolonged use of Cecilor may result in the overgrowth of nonsusceptible organisms. Careful observation of the patient is essential. If superinfection occurs during therapy, appropriate measures should be taken.

**Positive direct Coombs' tests** have been reported during treatment with the cephalosporin antibiotics. In hematologic studies or in transfusion cross-matching procedures when antiglobulin tests are performed on the minor side or in Coombs' testing of newborns whose mothers have received cephalosporin antibiotics before parturition, it should be recognized that a positive Coombs' test may be due to the drug.

Cecilor should be administered with caution in the presence of markedly impaired renal function. Under such conditions, careful clinical observation and laboratory studies should be made because safe dosage may be lower than that usually recommended.

As a result of administration of Cecilor, a false-positive reaction for glucose in the urine may occur. This has been observed with Benedict's and Fehling's solutions and also with Clinistest® tablets but not with Tes-tape® (Glucose Enzymatic Test Strip, USP, Lilly).

Broad-spectrum antibiotics should be prescribed with caution in individuals with a history of gastrointestinal disease, particularly colitis.

**Usage in Pregnancy** — **Pregnancy Category B** — Reproduction studies have been performed in mice and rats at doses up to 12 times the human dose and in ferrets given three times the maximum

human dose and have revealed no evidence of impaired fertility or harm to the fetus due to Cecilor® (cefactor, Lilly). There are, however, no adequate and well-controlled studies in pregnant women. Because animal reproduction studies are not always predictive of human response, this drug should be used during pregnancy only if clearly needed.

**Nursing Mothers** — Small amounts of Cecilor have been detected in mother's milk following administration of single 500-mg doses. Average levels were 0.18, 0.20, 0.21, and 0.16 mcg/ml at two, three, four, and five hours respectively. Trace amounts were detected at one hour. The effect on nursing infants is not known. Caution should be exercised when Cecilor is administered to a nursing woman.

**Usage in Children** — Safety and effectiveness of this product for use in infants less than one month of age have not been established.

**Adverse Reactions:** Adverse effects considered related to therapy with Cecilor are uncommon and are listed below:

**Gastrointestinal symptoms** occur in about 2.5 percent of patients and include diarrhea (1 in 70).

Symptoms of pseudomembranous colitis may appear either during or after antibiotic treatment. Nausea and vomiting have been reported rarely.

Hypersensitivity reactions have been reported in about 1.5 percent of patients and include morbilliform eruptions (1 in 100). Pruritus, urticaria, and positive Coombs' tests each occur in less than 1 in 200 patients. Cases of serum-sickness-like reactions (erythema multiforme or the above skin manifestations accompanied by arthritis/arthritis and, frequently, fever) have been reported.

These reactions are apparently due to hypersensitivity and have usually occurred during or following a second course of therapy with Cecilor. Such reactions have been reported more frequently in children than in adults. Signs and symptoms usually occur a few days after initiation of therapy and subside within a few days after cessation of therapy. No serious sequelae have been reported. Antihistamines and corticosteroids appear to enhance resolution of the syndrome.

Cases of anaphylaxis have been reported, half of which have

occurred in patients with a history of penicillin allergy. Other effects considered related to therapy included eosinophilia (1 in 50 patients) and genital pruritus or vaginitis (less than 1 in 100 patients).

**Causal Relationship Uncertain** — Transitory abnormalities in clinical laboratory test results have been reported. Although they were of uncertain etiology, they are listed below to serve as alerting information for the physician.

**Hepatic** — Slight elevations in SGOT, SGPT, or alkaline phosphatase values (1 in 40).

**Hematopoietic** — Transient fluctuations in leukocyte count, predominantly lymphocytosis occurring in infants and young children (1 in 40).

**Renal** — Slight elevations in BUN or serum creatinine (less than 1 in 500) or abnormal urinalysis (less than 1 in 200).

[061782R]

**Note:** Cecilor® (cefactor, Lilly) is contraindicated in patients with known allergy to the cephalosporins and should be given cautiously to penicillin-allergic patients.

Penicillin is the usual drug of choice in the treatment and prevention of streptococcal infections, including the prophylaxis of rheumatic fever. See prescribing information.

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Additional information available to the profession on request from  
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# BALANCED CALCIUM CHANNEL BLOCKER



**CARDIZEM**  
(diltiazem HCl)

balances  
potent  
coronary  
vasodilation  
with a low  
incidence of  
side effects

**Low incidence of side effects**  
CARDIZEM® (diltiazem HCl) produces an incidence of adverse reactions not greater than that reported with placebo therapy, thus contributing to the patient's sense of well-being.

Indicated in the treatment of angina pectoris due to coronary artery disease and in the management of chronic stable angina (including variant angina) in patients who cannot tolerate beta-blockers, nitroglycerine and/or nitroates or who remain symptomatic on low doses of these agents.

See package insert for complete list of side effects. Safety and efficacy data are based on clinical studies for the treatment of stable angina pectoris. See package insert for complete list of side effects. Am J Cardiol.

See package insert for complete list of side effects. The treatment of angina pectoris with CARDIZEM (diltiazem HCl) may be associated with a decrease in heart rate. See package insert for complete list of side effects. Am J Cardiol.

**Reduces angina attack frequency\***  
42% to 46% decrease reported in multicenter study.<sup>1</sup>

**Increases exercise tolerance\***  
In Bruce exercise test,<sup>2</sup> control patients averaged 8.0 minutes to onset of pain; Cardizem patients averaged 9.8 minutes ( $P<.005$ ).

**CARDIZEM®**  
(diltiazem HCl)

**THE BALANCED  
CALCIUM CHANNEL BLOCKER**

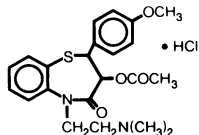
Please see full prescribing information on following page.

## PROFESSIONAL USE INFORMATION



### DESCRIPTION

**CARDIZEM®** (diltiazem hydrochloride) is a calcium ion influx inhibitor (slow channel blocker or calcium antagonist). Chemically, diltiazem hydrochloride is 1,5-Benzothiazepine-4(5H)-one, 3-(acetyloxy)-5-[2-(dimethylamino)ethyl]-2,3-dihydro-2-(4-methoxyphenyl)-, monohydrochloride, (+)-cis-. The chemical structure is:



Diltiazem hydrochloride is a white to off-white crystalline powder with a bitter taste. It is soluble in water, methanol, and chloroform. It has a molecular weight of 450.98. Each tablet of CARDIZEM contains either 30 mg or 60 mg diltiazem hydrochloride for oral administration.

### CLINICAL PHARMACOLOGY

The therapeutic benefits achieved with CARDIZEM are believed to be related to its ability to inhibit the influx of calcium ions during membrane depolarization of cardiac and vascular smooth muscle.

**Mechanisms of Action.** Although precise mechanisms of its antianginal actions are still being delineated, CARDIZEM is believed to act in the following ways:

1. **Angina Due to Coronary Artery Spasm:** CARDIZEM has been shown to be a potent dilator of coronary arteries both epicardial and subendocardial. Spontaneous and ergonovine-induced coronary artery spasm are inhibited by CARDIZEM.
2. **Exertional Angina:** CARDIZEM has been shown to produce increases in exercise tolerance, probably due to its ability to reduce myocardial oxygen demand. This is accomplished via reductions in heart rate and systemic blood pressure at submaximal and maximal exercise work loads.

In animal models, diltiazem interferes with the slow inward (depolarizing) current in excitable tissue. It causes excitation-contraction uncoupling in various myocardial tissues without changes in the configuration of the action potential. Diltiazem produces relaxation of coronary vascular smooth muscle and dilation of both large and small coronary arteries at drug levels which cause little or no negative inotropic effect. The resultant increases in coronary blood flow (epicardial and subendocardial) occur in ischemic and nonischemic models and are accompanied by dose-dependent decreases in systemic blood pressure and decreases in peripheral resistance.

**Hemodynamic and Electrophysiologic Effects.** Like other calcium antagonists, diltiazem decreases sinoatrial and atrioventricular conduction in isolated tissues and has a negative inotropic effect in isolated preparations. In the intact animal, prolongation of the AH interval can be seen at higher doses.

In man, diltiazem prevents spontaneous and ergonovine-provoked coronary artery spasm. It causes a decrease in peripheral vascular resistance and a modest fall in blood pressure and, in exercise tolerance studies in patients with ischemic heart disease, reduces the heart rate-blood pressure product for any given work load. Studies to date, primarily in patients with good ventricular function, have not revealed evidence of a negative inotropic effect; cardiac output, ejection fraction, and left ventricular end diastolic pressure have not been affected. There are as yet few data on the interaction of diltiazem and beta-blockers. Resting heart rate is usually unchanged or slightly reduced by diltiazem.

Intravenous diltiazem in doses of 20 mg prolongs AH conduction time and AV node functional and effective refractory periods approximately 20%. In a study involving single oral doses of 300 mg of CARDIZEM in six normal volunteers, the average maximum PR prolongation was 14% with no instances of greater than first-degree AV block. Diltiazem-associated prolongation of the AH interval is not more pronounced in patients with first-degree heart block. In patients with sick sinus syndrome, diltiazem significantly prolongs sinus cycle length (up to 50% in some cases).

Chronic oral administration of CARDIZEM in doses of up to 240 mg/day has resulted in small increases in PR interval, but has not usually produced abnormal prolongation. There were, however, three instances of second-degree AV block and one instance of third-degree AV block in a group of 959 chronically treated patients.

**Pharmacokinetics and Metabolism.** Diltiazem is absorbed from the tablet formulation to about 80% of a reference capsule and is subject to an extensive first-pass effect, giving an absolute bioavailability (compared to intravenous dosing) of about 40%. CARDIZEM undergoes extensive hepatic metabolism in which 2% to 4% of the unchanged drug appears in the urine. In vitro binding studies show CARDIZEM is 70% to 80% bound to plasma proteins. Competitive ligand binding studies have also shown CARDIZEM binding is not altered by therapeutic concentrations of digoxin, hydrochlorothiazide, phenylbutazone, propranolol, salicylic acid, or warfarin. Single oral doses of 30 to 120 mg of CARDIZEM result in detectable plasma levels within 30 to 60 minutes and peak plasma levels two to three hours after drug administration. The plasma elimination half-life following single or multiple drug administration is approximately 3.5 hours. Desacetyl diltiazem is also present in the plasma at levels of 10% to 20% of the parent drug and is 25% to 50% as potent a coronary vasodilator as diltiazem. Therapeutic blood levels of CARDIZEM appear to be in the range of 50 to 200 ng/ml. There is a departure from dose-linearity when single doses above 60 mg are given; a 120-mg dose gave blood levels three times that of the 60-mg dose. There is no information about the effect of renal or hepatic impairment on excretion or metabolism of diltiazem.

### INDICATIONS AND USAGE

1. **Angina Pectoris Due to Coronary Artery Spasm.** CARDIZEM

is indicated in the treatment of angina pectoris due to coronary artery spasm. CARDIZEM has been shown effective in the treatment of spontaneous coronary artery spasm presenting as Prinzmetal's variant angina (resting angina with ST-segment elevation occurring during attacks).

2. **Chronic Stable Angina (Classic Effort-Associated Angina).** CARDIZEM is indicated in the management of chronic stable angina. CARDIZEM has been effective in controlled trials in reducing angina frequency and increasing exercise tolerance. There are no controlled studies of the effectiveness of the concomitant use of diltiazem and beta-blockers or of the safety of this combination in patients with impaired ventricular function or conduction abnormalities.

### CONTRAINDICATIONS

CARDIZEM is contraindicated in (1) patients with sick sinus syndrome except in the presence of a functioning ventricular pacemaker, (2) patients with second- or third-degree AV block except in the presence of a functioning ventricular pacemaker, and (3) patients with hypotension (less than 90 mm Hg systolic).

### WARNINGS

1. **Cardiac Conduction.** CARDIZEM prolongs AV node refractory periods without significantly prolonging sinus node recovery time, except in patients with sick sinus syndrome. This effect may rarely result in abnormally slow heart rates (particularly in patients with sick sinus syndrome) or second- or third-degree AV block (six of 1243 patients for 0.48%). Concomitant use of diltiazem with beta-blockers or digitalis may result in additive effects on cardiac conduction. A patient with Prinzmetal's angina developed periods of asystole (2 to 5 seconds) after a single dose of 60 mg of diltiazem.
2. **Congestive Heart Failure.** Although diltiazem has a negative inotropic effect in isolated animal tissue preparations, hemodynamic studies in humans with normal ventricular function have not shown a reduction in cardiac index nor consistent negative effects on contractility (dp/dt). Experience with the use of CARDIZEM alone or in combination with beta-blockers in patients with impaired ventricular function is very limited. Caution should be exercised when using the drug in such patients.
3. **Hypotension.** Decreases in blood pressure associated with CARDIZEM therapy may occasionally result in symptomatic hypotension.
4. **Acute Hepatic Injury.** In rare instances, patients receiving CARDIZEM have exhibited reversible acute hepatic injury as evidenced by moderate to extreme elevations of liver enzymes. (See PRECAUTIONS AND ADVERSE REACTIONS.)

### PRECAUTIONS

**General.** CARDIZEM (diltiazem hydrochloride) is extensively metabolized by the liver and excreted by the kidneys and in bile. As with any new drug given over prolonged periods, laboratory parameters should be monitored at regular intervals. The drug should be used with caution in patients with impaired renal or hepatic function. In subacute and chronic dog and rat studies designed to produce toxicity, high doses of diltiazem were associated with hepatic damage. In special subacute hepatic studies, oral doses of 125 mg/kg and higher in rats were associated with histological changes in the liver which were reversible when the drug was discontinued. In dogs, doses of 20 mg/kg were also associated with hepatic changes; however, these changes were reversible with continued dosing.

**Drug Interaction.** Pharmacologic studies indicate that there may be additive effects in prolonging AV conduction when using beta-blockers or digitalis concomitantly with CARDIZEM. (See WARNINGS.)

Controlled and uncontrolled domestic studies suggest that concomitant use of CARDIZEM and beta-blockers or digitalis is usually well tolerated. Available data are not sufficient, however, to predict the effects of concomitant treatment, particularly in patients with left ventricular dysfunction or cardiac conduction abnormalities. In healthy volunteers, diltiazem has been shown to increase serum digoxin levels up to 20%.

**Carcinogenesis, Mutagenesis, Impairment of Fertility.** A 24-month study in rats and a 21-month study in mice showed no evidence of carcinogenicity. There was also no mutagenic response in *in vitro* bacterial tests. No intrinsic effect on fertility was observed in rats.

**Pregnancy.** Category C. Reproduction studies have been conducted in mice, rats, and rabbits. Administration of doses ranging from five to ten times greater (on a mg/kg basis) than the daily recommended therapeutic dose has resulted in embryo and fetal lethality. These doses, in some studies, have been reported to cause skeletal abnormalities. In the perinatal/postnatal studies, there was some reduction in early individual pup weights and survival rates. There was an increased incidence of stillbirths at doses of 20 times the human dose or greater.

There are no well-controlled studies in pregnant women; therefore, use CARDIZEM in pregnant women only if the potential benefit justifies the potential risk to the fetus.

**Nursing Mothers.** It is not known whether this drug is excreted in human milk. Because many drugs are excreted in human milk, exercise caution when CARDIZEM is administered to a nursing woman if the drug's benefits are thought to outweigh its potential risks in this situation.

**Pediatric Use.** Safety and effectiveness in children have not been established.

### ADVERSE REACTIONS

Serious adverse reactions have been rare in studies carried out to date, but it should be recognized that patients with impaired ventricular function and cardiac conduction abnormalities have usually been excluded.

In domestic placebo-controlled trials, the incidence of adverse reactions reported during CARDIZEM therapy was not greater than that reported during placebo therapy.

The following represent occurrences observed in clinical studies which can be at least reasonably associated with the pharmacology of calcium influx inhibition. In many cases, the relationship to CARDIZEM has not been established. The most common occurrences, as well as their frequency of presentation, are: edema (2.4%),

headache (2.1%), nausea (1.9%), dizziness (1.5%), rash (1.3%), asthenia (1.2%), AV block (1.1%). In addition, the following events were reported infrequently (less than 1%) with the order of presentation corresponding to the relative frequency of occurrence.

Cardiovascular:	Flushing, arrhythmia, hypotension, bradycardia, palpitations, congestive heart failure, syncope.
Nervous System:	Paresthesia, nervousness, somnolence, tremor, insomnia, hallucinations, and amnesia.
Gastrointestinal:	Constipation, dyspepsia, diarrhea, vomiting, mild elevations of alkaline phosphatase, SGOT, SGPT, and LDH.
Dermatologic:	Pruritus, petechiae, urticaria, photosensitivity.
Other:	Polyuria, nocturia.

The following additional experiences have been noted:

A patient with Prinzmetal's angina experiencing episodes of vasospastic angina developed periods of transient asymptomatic asystole approximately five hours after receiving a single 60-mg dose of CARDIZEM.

The following postmarketing events have been reported infrequently in patients receiving CARDIZEM: erythema multiforme; leukopenia; and extreme elevations of alkaline phosphatase, SGOT, SGPT, LDH, and CPK. However, a definitive cause and effect between these events and CARDIZEM therapy is yet to be established.

### OVERDOSAGE OR EXAGGERATED RESPONSE

Overdosage experience with oral diltiazem has been limited. Single oral doses of 300 mg of CARDIZEM have been well tolerated by healthy volunteers. In the event of overdosage or exaggerated response, appropriate supportive measures should be employed in addition to gastric lavage. The following measures may be considered:

Bradycardia	Administer atropine (0.60 to 1.0 mg). If there is no response to vagal blockade, administer isoproterenol cautiously.
High-Degree AV Block	Treat as for bradycardia above. Fixed high-degree AV block should be treated with cardiac pacing.
Cardiac Failure	Administer inotropic agents (isoproterenol, dopamine, or dobutamine) and diuretics.
Hypotension	Vasopressors (eg, dopamine or levaterenol bitartrate).

Actual treatment and dosage should depend on the severity of the clinical situation and the judgment and experience of the treating physician.

The oral LD<sub>50</sub>'s in mice and rats range from 415 to 740 mg/kg and from 560 to 810 mg/kg, respectively. The intravenous LD<sub>50</sub>'s in these species were 60 and 38 mg/kg, respectively. The oral LD<sub>50</sub>'s in dogs is considered to be in excess of 50 mg/kg, while lethality was seen in monkeys at 360 mg/kg. The toxic dose in man is not known, but blood levels in excess of 800 ng/ml have not been associated with toxicity.

### DOSAGE AND ADMINISTRATION

**Exertional Angina Pectoris Due to Atherosclerotic Coronary Artery Disease or Angina Pectoris at Rest Due to Coronary Artery Spasm.** Dosage must be adjusted to each patient's needs. Starting with 30 mg four times daily, before meals and at bedtime, dosage should be increased gradually (given in divided doses three or four times daily) at one- to two-day intervals until optimum response is obtained. Although individual patients may respond to any dosage level, the average optimum dosage range appears to be 180 to 240 mg/day. There are no available data concerning dosage requirements in patients with impaired renal or hepatic function. If the drug must be used in such patients, titration should be carried out with particular caution.

**Concomitant Use With Other Antianginal Agents:**

1. **Sublingual NTG** may be taken as required to abort acute anginal attacks during CARDIZEM therapy.
2. **Prophylactic Nitrate Therapy**—CARDIZEM may be safely coadministered with short- and long-acting nitrates, but there have been no controlled studies to evaluate the antianginal effectiveness of this combination.
3. **Beta-blockers.** (See WARNINGS and PRECAUTIONS.)

### HOW SUPPLIED

Cardizem 30-mg tablets are supplied in bottles of 100 (NDC 0088-1771-47) and in Unit Dose Identification Paks of 100 (NDC 0088-1771-49). Each green tablet is engraved with MARION on one side and 1771 engraved on the other. CARDIZEM 60-mg scored tablets are supplied in bottles of 100 (NDC 0088-1772-47) and in Unit Dose Identification Paks of 100 (NDC 0088-1772-49). Each yellow tablet is engraved with MARION on one side and 1772 on the other.

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#### DESCRIPTION

DESYREL® (trazodone hydrochloride) is an antidepressant chemically unrelated to tricyclic, tetracyclic, or other known antidepressant agents. It is a triazolopyridine derivative designated as 2-[3-[4-(3-chlorophenyl)-1-piperazinyl]propyl]-1,2,4-triazolo[4,3-a]pyridin-3-(2H)-one hydrochloride. DESYREL is a white odorless crystalline powder which is freely soluble in water. Its molecular weight is 408.3. The empirical formula is  $C_{18}H_{22}ClN_5O \cdot HCl$ .

#### INDICATIONS AND USAGE

DESYREL® (trazodone hydrochloride) is indicated for the treatment of depression. The efficacy of DESYREL has been demonstrated in both inpatient and outpatient settings and for depressed patients with and without prominent anxiety. The depressive illness of patients studied corresponds to the Major Depressive Episode criteria of the American Psychiatric Association's Diagnostic and Statistical Manual, III.<sup>a</sup>

#### CONTRAINDICATIONS

DESYREL is contraindicated in patients hypersensitive to DESYREL.

#### WARNINGS

TRAZODONE HAS BEEN ASSOCIATED WITH THE OCCURRENCE OF PRIAPISM. IN APPROXIMATELY 1/3 OF THE CASES REPORTED, SURGICAL INTERVENTION WAS REQUIRED AND, IN A PORTION OF THESE CASES, PERMANENT IMPAIRMENT OF ERECTILE FUNCTION OR IMPOTENCE RESULTED. MALE PATIENTS WITH PROLONGED OR INAPPROPRIATE ERECTIONS SHOULD IMMEDIATELY DISCONTINUE THE DRUG AND CONSULT THEIR PHYSICIAN.

Recent clinical studies in patients with pre-existing cardiac disease indicate that DESYREL may be arrhythmogenic in some patients in that population. Arrhythmias identified include isolated PVCs, ventricular couplets, and in two patients short episodes (3-4 beats) of ventricular tachycardia. Until the results of prospective studies are available, patients with pre-existing cardiac disease should be closely monitored particularly for cardiac arrhythmias. There have also been post-introduction reports of arrhythmias in DESYREL-treated patients, some of whom did not have pre-existing cardiac disease. DESYREL is not recommended for use during the initial recovery phase of myocardial infarction.

#### PRECAUTIONS

**General:** The possibility of suicide in seriously depressed patients is inherent in the illness and may persist until significant remission occurs. Therefore, prescriptions should be written for the smallest number of tablets consistent with good patient management. Hypotension, including orthostatic hypotension and syncope, has been reported to occur in patients receiving DESYREL. Concomitant administration of antihypertensive therapy with DESYREL may require a reduction in the dose of the antihypertensive drug. Little is known about the interaction between DESYREL and general anesthetics; therefore, prior to elective surgery, DESYREL should be discontinued for as long as clinically feasible. As with all antidepressants, the use of DESYREL should be based on the consideration of the physician that the expected benefits of therapy outweigh potential risk factors. **Information for Patients:** Alert patients that (a) because priapism has been reported to occur in patients receiving DESYREL, patients with prolonged or inappropriate penile erection should immediately discontinue the drug and consult with the physician; (b) their mental or physical ability to perform potentially hazardous tasks, such as operating machinery or driving, may be impaired; (c) the response to CNS depressants such as alcohol or barbiturates may be enhanced; and (d) DESYREL should be taken shortly after a meal or light snack. **Laboratory Tests:** WBC and differential counts are recommended for patients who develop fever, sore throat or other signs of infection. Discontinue DESYREL if WBC or absolute neutrophil count falls below normal. **Drug Interactions:** Increased serum digoxin or phenytoin levels have been reported to occur in patients receiving DESYREL (trazodone hydrochloride) concurrently with either of those two drugs. Since it is not known whether an interaction will occur between DESYREL and MAO inhibitors, therapy should be initiated cautiously with a gradual increase in dosage until optimum response is achieved, if a MAO inhibitor is discontinued shortly before or is to be given concomitantly with DESYREL. **Therapeutic Interactions:** Concurrent administration with electroshock therapy should be avoided because of the absence of experience in this area. **Carcinogenesis, Mutagenesis, Impairment of Fertility:** No drug- or dose-related occurrence of carcinogenesis was evident in rats receiving DESYREL in daily oral doses up to 300 mg/kg for 18 months. **Pregnancy:** Since there are no adequate and well-controlled studies in pregnant women, DESYREL should be used during pregnancy only if the potential benefit justifies the potential risk to the fetus. **Nursing Mothers:** Since DESYREL and/or its metabolites have been found in the milk of lactating rats, caution should be exercised when DESYREL is administered to a nursing woman. **Pediatric Use:** Safety and effectiveness in children below the age of 18 have not been established.

#### ADVERSE REACTIONS

**Clinical Trial Reports:** Side effects reported by more than 1% of the patients during clinical trials are the following: **Autonomic**—blurred vision, constipation, dry mouth; **Cardiovascular**—hypertension, hypotension, shortness of breath, syncope, tachycardia/palpitations; **CNS**—anger/hostility, confusion, decreased concentration,

disorientation, dizziness/light-headedness, drowsiness, excitement, fatigue, headache, insomnia, impaired memory, nervousness; **Gastrointestinal**—abdominal/gastric distress, bad taste in mouth, diarrhea, nausea/vomiting; **Musculoskeletal**—musculoskeletal aches/pains; **Neurological**—incoordination, paresthesia, tremors; **Sexual Function**—decreased libido; **Skin**—allergic condition/edema; and **Other**—decreased appetite, eyes red/tired/itching, head full-heavy, malaise, nasal/sinus congestion, nightmares/vivid dreams, sweating/clamminess, tinnitus, weight gain, weight loss. Side effects reported by less than 1% of the study patients are the following: akathisia, allergic reaction, anemia, chest pain, delayed urine flow, early menses, flatulence, hallucinations/delusions, hematuria, hypersalivation, hypomania, impaired speech, impotence, increased appetite, increased libido, increased urinary frequency, missed periods, muscle twitches, numbness, and retrograde ejaculation. **Post Introduction Reports:** Voluntary reports received since market introduction include the following: agitation, apnea, diplopia, edema, grand mal seizures, hallucinations, hemolytic anemia, liver enzyme alterations, methemoglobinemia, nausea/vomiting (most frequently), paresthesia, priapism (see PRECAUTIONS, Information for Patients; some patients have required surgical intervention), rash, and weakness. Cardiovascular system effects which have been reported are the following: orthostatic hypotension and syncope, palpitations, bradycardia, atrial fibrillation, myocardial infarction, cardiac arrest, arrhythmia, and ventricular ectopic activity, including ventricular tachycardia (see WARNINGS).

#### OVERDOSE

**Signs and Symptoms:** Death from overdose has occurred in patients ingesting DESYREL (trazodone hydrochloride) and other drugs concurrently (namely, alcohol; alcohol + chloral hydrate + diazepam; amobarbital; chlorthalidone; or meprobamate). The most severe reactions reported to have occurred with overdose of DESYREL alone have been priapism, respiratory arrest, seizures, and EKG changes. The reactions reported most frequently have been drowsiness and vomiting. Overdosage may cause an increase in incidence or severity of any of the reported adverse reactions (see ADVERSE REACTIONS).

#### DOSEAGE AND ADMINISTRATION

The dosage should be initiated at a low level and increased gradually, noting the clinical response and any evidence of intolerance. Occurrence of drowsiness may require the administration of a major portion of the daily dose at bedtime or a reduction of dosage. DESYREL should be taken shortly after a meal or light snack. **Usual Adult Dosage:** An initial dose of 150 mg/day in divided doses is suggested. The dose may be increased by 50 mg/day every three to four days. The maximum dose for outpatients usually should not exceed 400 mg/day in divided doses. Inpatients may be given up to but not in excess of 600 mg/day in divided doses.

**Maintenance:** Dosage during prolonged maintenance therapy should be kept at the lowest effective level. Once an adequate response has been achieved, dosage may be gradually reduced, with subsequent adjustment depending on therapeutic response.

#### HOW SUPPLIED

DESYREL® (trazodone hydrochloride) 50 mg and 100 mg scored tablets, and 150 mg DIVIDOSE® tablets.

**CAUTION:** Federal law prohibits dispensing without a prescription.

#### REFERENCES

a. Williams JBW, Ed: Diagnostic and statistical manual of mental disorders-III, American Psychiatric Association, May 1980.

U.S. Pat. No. 4,215,104

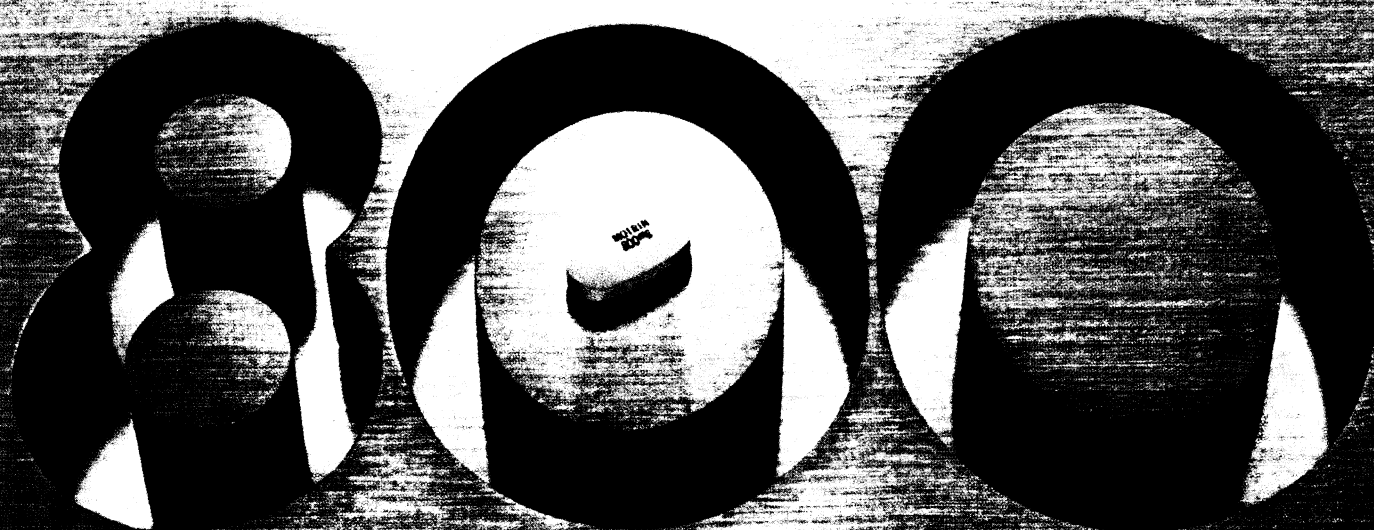
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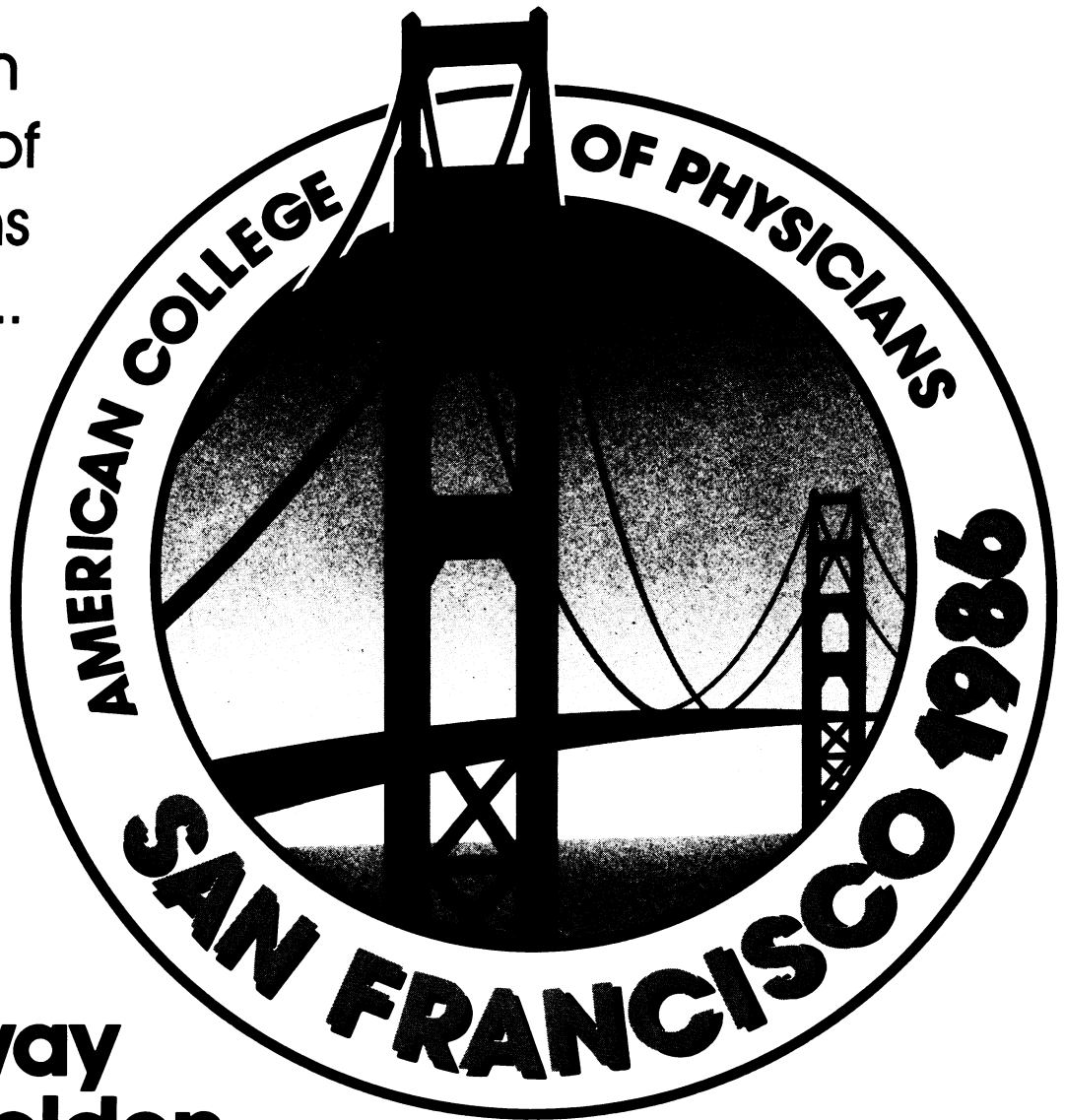
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Before prescribing, see complete prescribing information in SK&F CO. literature or PDR. The following is a brief summary.

#### WARNING

This drug is not indicated for initial therapy of edema or hypertension. Edema or hypertension requires therapy titrated to the individual. If this combination represents the dosage so determined, its use may be more convenient in patient management. Treatment of hypertension and edema is not static, but must be reevaluated as conditions in each patient warrant.

**Contraindications:** Concomitant use with other potassium-sparing agents such as spironolactone or amiloride. Further use in anuria, progressive renal or hepatic dysfunction, hyperkalemia. Pre-existing elevated serum potassium. Hypersensitivity to either component or other sulfonamide-derived drugs.

**Warnings:** Do not use potassium supplements, dietary or otherwise, unless hypokalemia develops or dietary intake of potassium is markedly impaired. If supplementary potassium is needed, potassium tablets should not be used. Hyperkalemia can occur, and has been associated with cardiac irregularities. It is more likely in the severely ill, with urine volume less than one liter/day, the elderly and diabetics with suspected or confirmed renal insufficiency. Periodically, serum  $K^+$  levels should be determined. If hyperkalemia develops, substitute a thiazide alone, restrict  $K^+$  intake. Associated widened QRS complex or arrhythmia requires prompt additional therapy. Thiazides cross the placental barrier and appear in cord blood. Use in pregnancy requires weighing anticipated benefits against possible hazards, including fetal or neonatal jaundice, thrombocytopenia, other adverse reactions seen in adults. Thiazides appear and triamterene may appear in breast milk. If their use is essential, the patient should stop nursing. Adequate information on use in children is not available. Sensitivity reactions may occur in patients with or without a history of allergy or bronchial asthma. Possible exacerbation or activation of systemic lupus erythematosus has been reported with thiazide diuretics.

**Precautions:** The bioavailability of the hydrochlorothiazide component of 'Dyazide' is about 50% of the bioavailability of the single entity. Theoretically, a patient transferred from the single entities of Dyrenium (triamterene, SK&F CO.) and hydrochlorothiazide may show an increase in blood pressure or fluid retention. Similarly, it is also possible that the lesser hydrochlorothiazide bioavailability could lead to increased serum potassium levels. However, extensive clinical experience with 'Dyazide' suggests that these conditions have not been commonly observed in clinical practice. Do periodic serum electrolyte determinations (particularly important in patients vomiting excessively or receiving parenteral fluids, and during concurrent use with amphotericin B or corticosteroids or corticotropin [ACTH]). Periodic BUN and serum creatinine determinations should be made, especially in the elderly, diabetics or those with suspected or confirmed renal insufficiency. Cumulative effects of the drug may develop in patients with impaired renal function. Thiazides should be used with caution in patients with impaired hepatic function. They can precipitate coma in patients with severe liver disease. Observe regularly for possible blood dyscrasias, liver damage, other idiosyncratic reactions. Blood dyscrasias have been reported in patients receiving triamterene, and leukopenia, thrombocytopenia, agranulocytosis, and aplastic and hemolytic anemia have been reported with thiazides. Thiazides may cause manifestation of latent diabetes mellitus. The effects of oral anticoagulants may be decreased when used concurrently with hydrochlorothiazide; dosage adjustments may be necessary. Clinically insignificant reductions in arterial responsiveness to norepinephrine have been reported. Thiazides have also been shown to increase the paralyzing effect of nondepolarizing muscle relaxants such as tubocurarine. Triamterene is a weak folic acid antagonist. Do periodic blood studies in cirrhotics with splenomegaly. Antihypertensive effects may be enhanced in post-sympathectomy patients. Use cautiously in surgical patients. Triamterene has been found in renal stones in association with the other usual calculus components. Therefore, 'Dyazide' should be used with caution in patients with histories of stone formation. A few occurrences of acute renal failure have been reported in patients on 'Dyazide' when treated with indomethacin. Therefore, caution is advised in administering nonsteroidal anti-inflammatory agents with 'Dyazide'. The following may occur: transient elevated BUN or creatinine or both, hyperglycemia and glycosuria (diabetic insulin requirements may be altered), hyperuricemia and gout, digitalis intoxication (in hypokalemia), decreasing alkali reserve with possible metabolic acidosis. 'Dyazide' interferes with fluorescent measurement of quinidine. Hypokalemia is uncommon with 'Dyazide', but should it develop, corrective measures should be taken such as potassium supplementation or increased dietary intake of potassium-rich foods. Corrective measures should be instituted cautiously and serum potassium levels determined. Discontinue corrective measures and 'Dyazide' should laboratory values reveal elevated serum potassium. Chloride deficit may occur as well as dilutional hyponatremia. Concurrent use with chlorpropamide may increase the risk of severe hyponatremia. Serum PBI levels may decrease without signs of thyroid disturbance. Calcium excretion is decreased by thiazides. 'Dyazide' should be withdrawn before conducting tests for parathyroid function.

Thiazides may add to or potentiate the action of other antihypertensive drugs.

Diuretics reduce renal clearance of lithium and increase the risk of lithium toxicity.

**Adverse Reactions:** Muscle cramps, weakness, dizziness, headache, dry mouth; anaphylaxis, rash, urticaria, photosensitivity, purpura, other dermatological conditions; nausea and vomiting, diarrhea, constipation, other gastrointestinal disturbances; postural hypotension (may be aggravated by alcohol, barbiturates, or narcotics). Necrotizing vasculitis, paresthesias, icterus, pancreatitis, xanthopsia and respiratory distress including pneumonitis and pulmonary edema, transient blurred vision, sialadenitis, and vertigo have occurred with thiazides alone. Triamterene has been found in renal stones in association with other usual calculus components. Rare incidents of acute interstitial nephritis have been reported. Impotence has been reported in a few patients on 'Dyazide', although a causal relationship has not been established.

**Supplied:** 'Dyazide' is supplied as a red and white capsule, in bottles of 1000 capsules; Single Unit Packages (unit-dose) of 100 (intended for institutional use only); in Patient-Pak™ unit-of-use bottles of 100.

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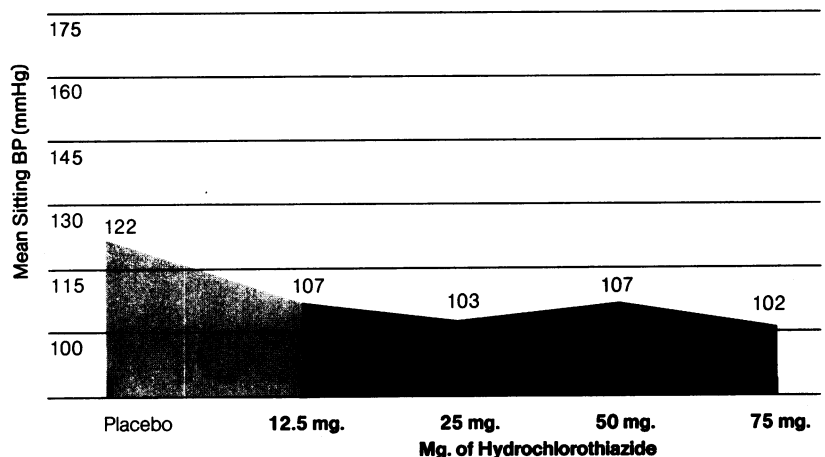
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1. Kaplan, N.: Systemic Hypertension: Therapy, in Braunwald, E. (ed.), Heart Disease. A Textbook of Cardiovascular Medicine, Philadelphia, W.B. Saunders Co., vol. 1, pp. 922-951.

2. Dialogues in Hypertension, Hypertension Update II: New Developments in Antihypertensive Therapy, Jan. 1985, Health Learning Systems Inc.

3. Adapted from Beerman, B., and Groschinsky-Grind, M.: Antihypertensive Effect of Various Doses of Hydrochlorothiazide and Its Relation to the Plasma Level of the Drug, Eur. J. Clin. Pharmacol. 13: 195-201, 1978.

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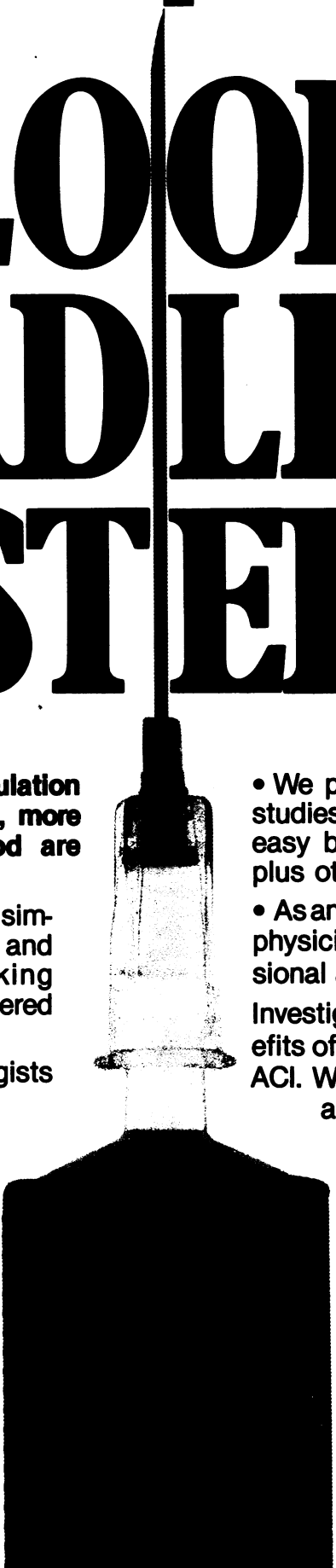
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Robert Bulla, president of Blue Cross and Blue Shield, readily acknowledges that the health care industry is more competitive than ever before. But he's equally quick to point out the enormous advantages of Blue Cross and Blue Shield care. Advantages that maintain Blue Cross and Blue Shield's leadership—regardless of the competition.

Nearly 50 years ago, Blue Cross and Blue Shield helped pioneer group health care in Arizona. And in the years since, we have continued to provide Arizonans with the most progressive, competitively-designed health care products and plans available. It is a record of stability unmatched in the health care field. And an ongoing commitment for today—and the future.

Today, Arizonans can count on the knowledge, experience and professionalism of Blue Cross and Blue Shield to negotiate with health care providers for the best

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## This sweet, charming, extremely knowledgeable person would like to help you annihilate your business competition.

If you're in business in the Valley—any business—you want every ethical advantage over your competition that you can get. And today, we'd like to introduce you to what could become your biggest advantage now and in the future: An INFO-NET operator.

You might consider her as kind of a smiling Yellow Pages. But beginning September 25, with the help of a multi-media advertising campaign, Valley residents will discover that she's a whole lot faster and more convenient in helping them locate the products and services they need.

For instance, by simply dialing one number: 278-1411, people throughout the Valley—with no specific business name in mind—can count on her to give them the names, phone numbers, addresses, hours and other detailed information of businesses providing the product or service they need.

Absolutely free of charge to the caller!

For those businesses subscribing to INFO-NET, the advantages over conventional Yellow Pages advertising are enormous. First of all, INFO-NET allows the small advertiser to compete more efficiently with bigger advertisers.

Secondly, the INFO-NET operator can provide callers with more current in-depth information about your business: special services; hours of operation; the forms of payment you accept and more. And you can update the information within 24 hours.

You can target your message to your immediate geographical area. Or spread it—in areas you choose—throughout the Valley. And, if your business is new to the area, you can get on INFO-NET instantly, instead of waiting months to get in the Yellow Pages.

But, best of all, you can subscribe to INFO-NET for far less than you can ever advertise in the Yellow Pages and probably receive a greater return on your investment than any other form of advertising.

So start taking advantage of the biggest advantage in business communications today. For more information call INFO-NET at 230-1000 or send in the coupon below.

I'd like to learn more about the INFO-NET advantage. Please contact me:

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Company: \_\_\_\_\_

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City: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Phone: \_\_\_\_\_

Best Time to Reach Me: \_\_\_\_\_

Mail to: INFO-NET 200 E. Mitchell  
Phoenix, AZ 85012

# INFO::NET

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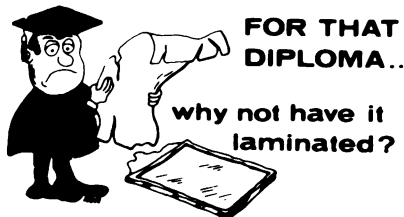
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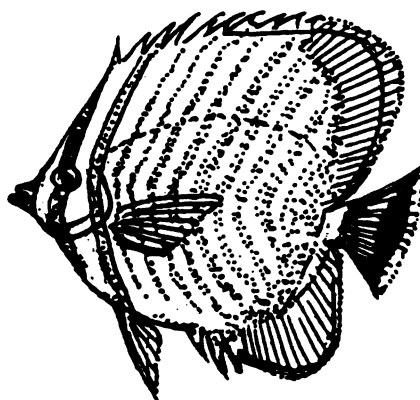
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HYDERGINE LC therapy are those who  
would be considered to suffer from  
some ill-defined process related to  
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Before prescribing HYDERGINE therapy, the possibility that the patient's signs and symptoms arise from a potentially reversible and treatable condition should be excluded. In addition, because the presenting clinical picture may evolve to suggest an alternative treatment, the decision to use HYDERGINE therapy should be continually reviewed.

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### **PHYSICIAN WANTED**

To share office space with internist at Camelback Medical Plaza, 5040 North 15th Avenue, Suite 304. For further information please call: (602) 277-0774.



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### FULL AND PART-TIME PHYSICIANS

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### ARIZONA BASED PHYSICIAN RECRUITMENT

Firm has opportunities Coast to Coast. "Professionals working with Professionals." Over 13 years experience. Call: (602) 795-7474, or send CV to: Mitchell and Associates, Inc., 2761 North Country Club Road, Suite 202, Tucson, Arizona 85716.

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### MOON VALLEY AREA

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Widow of Family Physician will sell or lease medical triplex in busy medical plaza in Tucson, Arizona. Approximately 3,000 square feet. \$200,000. \$35,000 down; will carry balance at 9% for ten years; any reasonable offer will be considered. Marylou Wadleigh, P.O. Box 1529, Pinetop, Arizona 85935. (602) 369-2965. If no answer: (602) 297-8974.

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Seeking MDs to own and occupy condominium office space. Two locations: Moon Valley on Thunderbird Road; Northern at 11th Street. We find sites and develop projects for professional individuals and groups. Sunspur, Inc. Call: (602) 863-2186.

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### FOR RENT

3,000 square feet medical building; Ideal location; full lab and x-ray. Available December.

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### FLAGSTAFF

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*Classified ad rates are \$20 for the first 50 words or less and 20 cents for each additional word. Send to: ArMA, 810 West Bethany Home Road, Phoenix, Arizona 85013.*

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**Assets:** SCPIE has more assets than any other physician-owned company in California.

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**Surplus:** SCPIE maintains an adequate surplus as a cushion against unexpected losses.

**Membership:** SCPIE is strong and growing, with more members in Southern California than any other company.

**Management:** SCPIE's all-physician Board of Governors and professional insurance staff have proven that conservative management pays off.

**Underwriting:** Physician control helps keep losses down.

### Why is SCPIE the leader?

SCPIE has the lowest overhead of any physician-owned company in Southern California.

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### SCPIE is here to stay.

SCPIE has become the seventh largest writer of medical liability coverage in the entire nation. An enviable record of healthy growth and achievement.



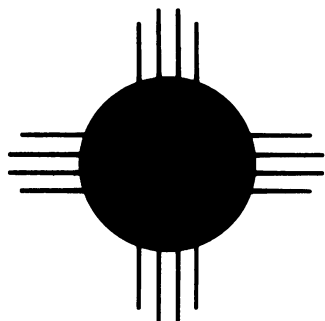
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# NEW MEXICO MEDICAL SOCIETY

## SCIENTIFIC SESSION: HUMAN SEXUALITY UPDATE—1985 28th INTERIM SESSION

**November 14-16, 1985**  
**HOLIDAY INN DE LAS  
CRUCES**  
**Las Cruces, NM**

### REGISTRATION

\$45, members; after Nov 5—\$50  
\$75, nonmembers; no fee for  
emeritus, nurses, students  
\$15, physicians in government  
service, residents

### RESERVATIONS

HOLIDAY INN DE LAS CRUCES  
201 East University  
Las Cruces, NM 88001  
(505) 526-4411

**November 14, 1985**

2:00 PM  
COUNCIL MEETING

**November 15, 1985**

8:30 AM  
HOUSE OF DELEGATES—  
*First Meeting*

9:15 AM  
REFERENCE COMMITTEES

### 2:00 PM SCIENTIFIC SESSION— Human Sexuality Update—1985

"The Signs and Symptoms of  
Sexual Dysfunction"  
J. ROBERT MEYNERS, PhD,  
MASTERS & JOHNSON  
INSTITUTE

"Age and Sexuality: The Mature/  
Postmenopausal Woman"  
WALTER G. LEONARD, MD,  
Boston, Massachusetts

"The Effects of Drugs on Libido"  
ALLEN B. ADOLPHE, MD,  
Albuquerque

"Impotence: Cause and Effect"  
ROBERT T. ROSEN, MD

7:00 PM  
BANQUET

Speaker: J. R. MEYNERS, PhD  
"Effective Treatment of Sexual  
Dysfunction—The Masters &  
Johnson Program"

**November 16, 1985**

9:00 AM  
"Psycho-sexual and Psychological  
Implications of Body Image,  
Perceived and Real"  
BURTON B. WEBER, MD

9:40 AM  
"Sexual Fulfillment Despite Chronic  
Disease and Pain"  
WALTER G. LEONARD, MD

10:30 AM  
SMALL GROUP DISCUSSIONS

11:30 AM  
SUMMATION

12:00 NOON  
NEMPAC LUNCHEON/SEMINAR—  
*Political Awareness and Involvement  
for the Medical Community*

2:00 PM  
HOUSE OF DELEGATES—  
*Second Meeting*



“When the Ayerst rep told me  
it costs about 45¢ a day,  
I said you can stop right there.”

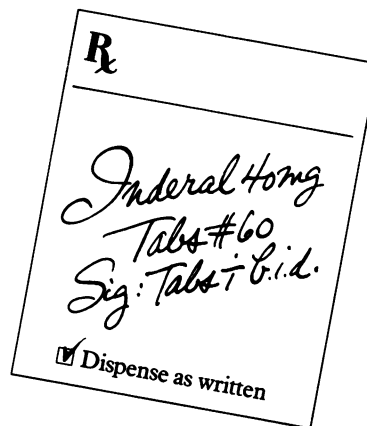
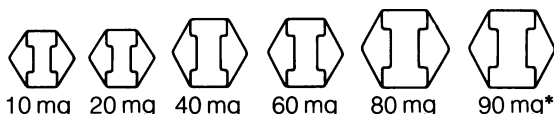
Most doctors are pleasantly surprised to learn that the average cost of daily therapy with the world's most widely used beta blocker is so little, not much more than the cost of a daily newspaper.

When it's **INDERAL** (propranolol hydrochloride) tablets you want for your hypertension patients, remember to specify Dispense As Written (DAW) or Do Not Substitute on your prescriptions. That way, you can always be assured they'll get **INDERAL**®. Please see next page for brief summary of prescribing information.

**INDERAL**<sup>®</sup>  
(PROPRANOLOL HCl)

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it costs about 45¢ a day,  
I said you can stop right there."**

# **INDERAL<sup>®</sup>** TABLETS **(PROPRANOLOL HCl)**



BRIEF SUMMARY (FOR FULL PRESCRIBING INFORMATION, SEE PACKAGE CIRCULAR.)

## **INDERAL<sup>®</sup>** (propranolol hydrochloride) Tablets

### **CONTRAINDICATIONS**

INDERAL is contraindicated in 1) cardiogenic shock, 2) sinus bradycardia and greater than first degree block, 3) bronchial asthma, 4) congestive heart failure (see WARNINGS) unless the failure is secondary to a tachyarrhythmia treatable with INDERAL.

### **WARNINGS**

**CARDIAC FAILURE:** Sympathetic stimulation may be a vital component supporting circulatory function in patients with congestive heart failure, and its inhibition by beta blockade may precipitate more severe failure. Although beta blockers should be avoided in overt congestive heart failure, if necessary they can be used with close follow-up in patients with a history of failure who are well compensated and are receiving digitalis and diuretics. Beta-adrenergic blocking agents do not abolish the inotropic action of digitalis on heart muscle.

**IN PATIENTS WITHOUT A HISTORY OF HEART FAILURE,** continued use of beta blockers can, in some cases, lead to cardiac failure. Therefore, at the first sign or symptom of heart failure, the patient should be digitalized and/or treated with diuretics, and the response observed closely, or INDERAL should be discontinued (gradually, if possible).

**IN PATIENTS WITH ANGINA PECTORIS,** there have been reports of exacerbation of angina and, in some cases, myocardial infarction, following abrupt discontinuance of INDERAL therapy. Therefore, when discontinuance of INDERAL is planned the dosage should be gradually reduced over at least a few weeks and the patient should be cautioned against interruption or cessation of therapy without the physician's advice. If INDERAL therapy is interrupted and exacerbation of angina occurs, it usually is advisable to reinstitute INDERAL therapy and take other measures appropriate for the management of unstable angina pectoris. Since coronary artery disease may be unrecognized, it may be prudent to follow the above advice in patients considered at risk of having occult atherosclerotic heart disease who are given propranolol for other indications.

**Nonallergic Bronchospasm (e.g., chronic bronchitis, emphysema)—PATIENTS WITH BRONCHOSPASTIC DISEASES SHOULD IN GENERAL NOT RECEIVE BETA BLOCKERS.** INDERAL should be administered with caution since it may block bronchodilation produced by endogenous and exogenous catecholamine stimulation of beta receptors.

**MAJOR SURGERY:** The necessity or desirability of withdrawal of beta-blocking therapy prior to major surgery is controversial. It should be noted, however, that the impaired ability of the heart to respond to reflex adrenergic stimuli may augment the risks of general anesthesia and surgical procedures.

INDERAL, like other beta blockers, is a competitive inhibitor of beta-receptor agonists and its effects can be reversed by administration of such agents, e.g., dobutamine or isoproterenol. However, such patients may be subject to protracted severe hypotension. Difficulty in starting and maintaining the heartbeat has also been reported with beta blockers.

**DIABETES AND HYPOGLYCEMIA:** Beta-adrenergic blockade may prevent the appearance of certain premonitory signs and symptoms (pulse rate and pressure changes) of acute hypoglycemia in labile insulin-dependent diabetes. In these patients, it may be more difficult to adjust the dosage of insulin.

**THYROTOXICOSIS:** Beta blockade may mask certain clinical signs of hyperthyroidism. Therefore, abrupt withdrawal of propranolol may be followed by an exacerbation of symptoms of hyperthyroidism, including thyroid storm. Propranolol does not distort thyroid function tests.

**IN PATIENTS WITH WOLFF-PARKINSON-WHITE SYNDROME,** several cases have been reported in which, after propranolol, the tachycardia was replaced by a severe bradycardia requiring a demand pacemaker. In one case this resulted after an initial dose of 5 mg propranolol.

### **PRECAUTIONS**

**General:** Propranolol should be used with caution in patients with impaired hepatic or renal function. INDERAL is not indicated for the treatment of hypertensive emergencies.

Beta-adrenoreceptor blockade can cause reduction of intraocular pressure. Patients should be told that INDERAL (propranolol hydrochloride) may interfere with the glaucoma screening test. Withdrawal may lead to a return of increased intraocular pressure.

**Clinical Laboratory Tests:** Elevated blood urea levels in patients with severe heart disease, elevated serum transaminase, alkaline phosphatase, lactate dehydrogenase.

**DRUG INTERACTIONS:** Patients receiving catecholamine-depleting drugs such as reserpine should be closely observed if INDERAL is administered. The added catecholamine-blocking action may produce an excessive reduction of resting sympathetic nervous activity which may result in hypotension, marked bradycardia, vertigo, syncopal attacks, or orthostatic hypotension.

**Carcinogenesis, Mutagenesis, Impairment of Fertility:** Long-term studies in animals have been conducted to evaluate toxic effects and carcinogenic potential. In 18-month studies in both rats and mice, employing doses up to 150 mg/kg/day, there was no evidence of significant drug-induced toxicity. There were no drug-related tumorigenic effects at any of the dosage levels. Reproductive studies in animals did not show any impairment of fertility that was attributable to the drug.

**Pregnancy:** Pregnancy Category C. INDERAL has been shown to be embryotoxic in animal studies at doses about 10 times greater than the maximum recommended human dose.

There are no adequate and well-controlled studies in pregnant women. INDERAL should be used during pregnancy only if the potential benefit justifies the potential risk to the fetus.

**Nursing Mothers:** INDERAL is excreted in human milk. Caution should be exercised when INDERAL is administered to a nursing woman.

**Pediatric Use:** Safety and effectiveness in children have not been established.

### **ADVERSE REACTIONS**

Most adverse effects have been mild and transient and have rarely required the withdrawal of therapy.

**Cardiovascular:** bradycardia; congestive heart failure; intensification of AV block; hypotension; paresthesia of hands; thrombocytopenic purpura; arterial insufficiency, usually of the Raynaud type.

**Central Nervous System:** Lightheadedness; mental depression manifested by insomnia, lassitude, weakness, fatigue; reversible mental depression progressing to cataplexy; visual disturbances; hallucinations; an acute reversible syndrome characterized by disorientation for time and place, short-term memory loss, emotional lability, slightly clouded sensorium, and decreased performance on neuropsychometrics.

**Gastrointestinal:** nausea, vomiting, epigastric distress, abdominal cramping, diarrhea, constipation, mesenteric arterial thrombosis, ischemic colitis.

**Allergic:** pharyngitis and agranulocytosis, erythematous rash, fever combined with aching and sore throat, laryngospasm and respiratory distress.

**Respiratory:** bronchospasm.

**Hematologic:** agranulocytosis, nonthrombocytopenic purpura, thrombocytopenic purpura.

**Auto-Immune:** In extremely rare instances, systemic lupus erythematosus has been reported.

**Miscellaneous:** alopecia, LE-like reactions, psoriasiform rashes, dry eyes, male impotence, and Peyronie's disease have been reported rarely. Oculomucocutaneous reactions involving the skin, serous membranes and conjunctivae reported for a beta blocker (practolol) have not been associated with propranolol.

\*The appearance of INDERAL tablets is a registered trademark of Ayerst Laboratories.

9418/185

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New York, N.Y. 10017



# Only Ativan<sup>®</sup>

(lorazepam) 

relief of anxiety  
associated with  
depressive symptoms

clearance not  
significantly delayed  
by age, liver or  
kidney dysfunction

cumulative sedative  
effects seldom  
a problem

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in vital signs in  
cardiovascular patients\*

short duration of action,  
simple metabolism

\*Benzodiazepines have not been shown to  
be of benefit in treating the cardiovascular  
component.

# ALZHEIMER'S DEMENTIA

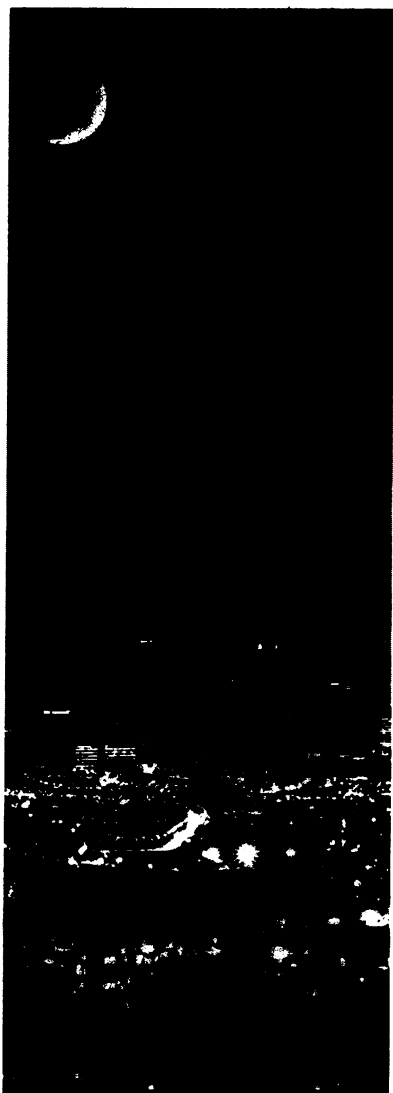
Cure of the disease is still out of reach.  
In as devastating a condition as this,  
even the most modest relief of  
symptoms—or for that matter keeping  
them from getting worse or merely  
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HYDERGINE® LC (ergoloid mesylates) is  
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who manifest signs and symptoms of  
idiopathic mental decline. It appears  
that individuals who respond to  
HYDERGINE LC therapy are those who  
would be considered to suffer from  
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4. Understanding relationships of diagnoses and procedures.
5. Step-by-step through the ICD-9-CM — where to begin.
6. How to avoid the “no-pay” and “desperation” codes.

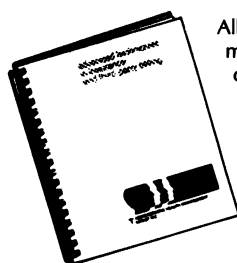
- How coding will input into fee profiles of the future.
- Who codes the procedures and diagnoses that you don't!
- How the insurance carriers use codes to lower your reimbursement.
- Recognition of the diagnosis from the hospital chart or office record.
- Use of simplified terminology to relate procedures as they appear “on your records” to the CPT-85.
- Defining levels of service for higher reimbursement.
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San Bernardino	Oct. 23, 1985	Holiday Inn Ontario • 1801 E. G St.
Long Beach	Oct. 24, 1985	Hyatt Edgewater • 6400 E. Pacific Coast Hwy.
Anaheim	Oct. 25, 1985	Sheraton Anaheim Motel • 1015 W. Ball Rd.
San Diego	Nov. 5, 1985	Holiday Inn at the Embarcadero • 1355 N. Harbor Dr.
Torrance	Nov. 6, 1985	Holiday Inn - Torrance • 21333 Hawthorne Blvd.
Pasadena	Nov. 7, 1985	Holiday Inn of Pasadena • 303 E. Cordova St.
Las Vegas	Nov. 8, 1985	Flamingo Hilton • 3555 Las Vegas Blvd. S.
San Francisco	Nov. 19, 1985	Westin St. Francis • 335 Powell St. & Union Square
Sacramento	Nov. 20, 1985	Holiday Inn - Holidome • 5321 Date Ave.
Marina Del Rey	Nov. 21, 1985	Marina International Hotel • 4200 Admiralty Way
Orange County	Nov. 22, 1985	Weston South Coast Plaza • 666 Anton Blvd.
Palo Alto	Dec. 2, 1985	Hyatt Rikeys • 4219 El Camino Real
Fresno	Dec. 3, 1985	Ramada Inn • 324 E. Shaw Ave.
Stockton	Dec. 4, 1985	The Stockton Hilton • 2323 Grand Canal Blvd.
Los Angeles	Dec. 5, 1985	Hyatt on Sunset • 8401 Sunset Blvd.
Ventura	Dec. 6, 1985	Holiday Inn on the Beach • 450 E. Harbor Blvd.

Seminars start at 9 a.m. and are over at 4:30 p.m. each date



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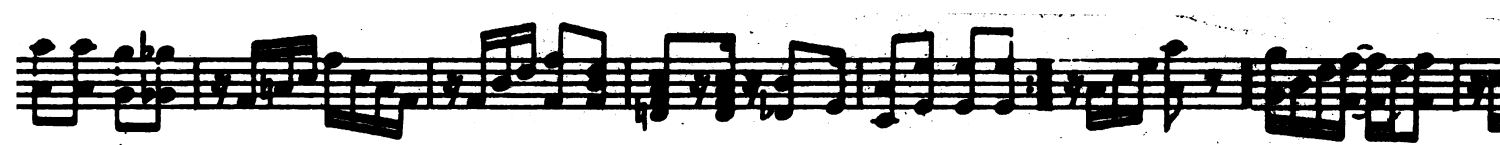
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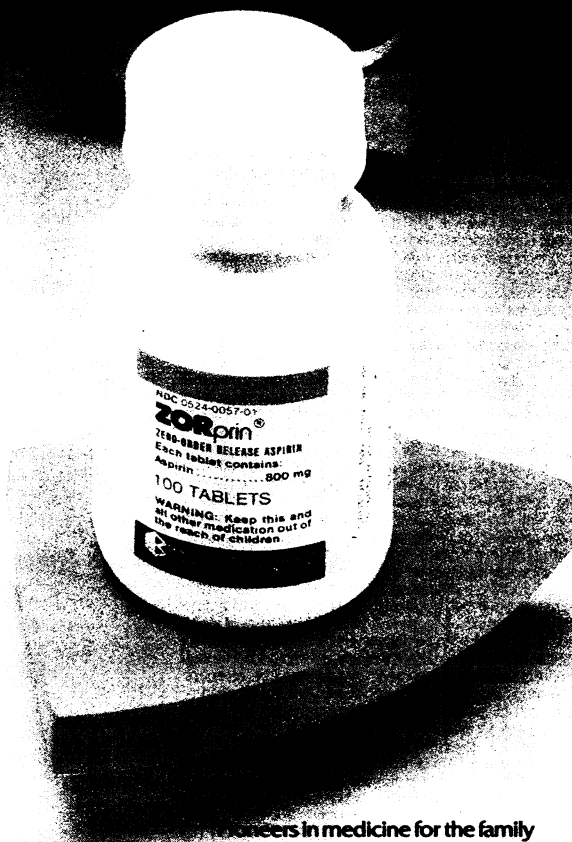
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**EMERGENCY PHYSICIAN**, San Francisco Bay Area. Leading HMO seeking ABEM certified/residency trained Emergency Physician or Internist with extensive emergency medicine experience for full-time position. Competitive salary with outstanding benefits leading to shareholdership. Send CV to J. A. McCowin, MD, Emergency Dept., Permanente Medical Group, 280 W. MacArthur Blvd., Oakland, CA 94611, or call (415) 428-5634.

**URGENT CARE CLINIC:** Vacaville, CA. Full time family practice oriented emergency physician. Twelve hours/day. Guarantee plus percentage. Malpractice provided. Minimum one year commitment. Please reply to Kendall R. Bauer, MD, PO Box 860, Folsom, CA 95630. For information about this position call (916) 933-1449 (evenings).

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**FAMILY PRACTITIONER**—position available with 35-member multispecialty group; BC/BE; immediate opening; full range of benefits plus early shareholding status; excellent opportunity; central coast of California. Submit CV to Colin J. Wells, MD, San Luis Medical Clinic, Ltd., 1235 Osos St., San Luis Obispo, CA 93401.

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**TWO FULL-TIME FAMILY PHYSICIAN POSITIONS** available in the Department of Family Practice, University of California, Davis; level of appointment commensurate with academic experience and credentials. Should be Board certified by the American Board of Family Practice with interest, training, and/or experience in teaching, research and academic publication activities. These positions will remain open until filled . . . applications will not be accepted after 12/31/85. Send CV to Robert C. Davidson, MD, Chair, Department of Family Practice, University of California, Davis, 2221 Stockton Blvd., Sacramento, CA 95817. The University of California is an affirmative action, equal opportunity employer.

**PEDIATRICIAN:** Immediate opening for Board eligible/certified Pediatrician with the Western Montana Clinic in an outstanding university town of 30,000 with excellent practice, recreational, and educational opportunities. Contact: Wesley W. Wilson, MD, Western Montana Clinic, 515 West Front St., Missoula, MT 59802.

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**OPPORTUNITY IN THE SCENIC PACIFIC NORTHWEST.** Position: BE or BC FP needed to join three Family Practitioners in established North Seattle Group as replacement for fourth associate. Our practice includes obstetrics. Send CV to L. Lippman, MD, 18514 Firlands Way North, Seattle, WA 98133.

**SAN DIEGO**—Orthopedist needed for practice specializing in Worker's Compensation. Excellent salary; possible partnership. Call Frances (619) 296-6226.

**THE UNIVERSITY OF UTAH**, Department of Family and Community Medicine, is seeking two BC/BE Family Physicians for clinical positions in university-run community health centers. The population served is a challenging, multi-ethnic one. Full range of family practice including obstetrics, is required. Flexibility exists for resident teaching, research, and post-graduate work towards MSPH. Attractive base salary, benefits, practice incentive, and vacation time. If interested call or write Dr Stephen Ratcliffe, University of Utah, DFCM, 50 North Medical Dr., Salt Lake City, UT 84132; (801) 581-5529.

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**FAMILY PRACTITIONER**—Full-time position available for residency trained, Board eligible/Board certified Family Practitioners interested in practicing in a comprehensive care environment. Outpatient care and in-hospital responsibilities are offered in a growing family practice organization. Administrative opportunities also available. For information, call William Trainor, Manager Professional Staffing, toll-free 1 (800) 446-2255; in California call 1 (800) 336-2255. FHP Professional Staffing, 400 Oceangate Blvd., Suite 1317, Long Beach, CA 90802. For opportunities in Utah, call Marylys Poulson, collect, at (801) 355-1234.

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**THORACIC VASCULAR GENERAL SURGEON**—To associate with senior Surgeon. Well established referral practice. Salary plus percentage. Central California. Send curriculum vitae to Box 7001, Western Journal of Medicine, 44 Gough St., San Francisco, CA 94103.

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**PHYSICIAN**, Board certified or eligible in Occupational Medicine, wanted for Los Angeles company of 10,500. Excellent benefits, stable employment for qualified person. California license required. Call Medical Director, (213) 481-4969, or write Medical Director, PO Box 111, Los Angeles, CA 90051.

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**PRIMARY CARE PHYSICIANS** needed in Seattle Suburban Community now. In response to community needs, a major full-service hospital is encouraging the development of Primary Care Physician Practices. Commercial financing contracts are being arranged by the hospital. This high-growth, high-employment community has some existing practices available. For more information, please call or write The Friedrich Group, 9284 Ferncliff N.E., Bainbridge Island, WA 98110; (206) 842-5248 or (206) 329-0417.

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**LARGE, WELL ESTABLISHED** Internal Medicine group seeking General Internist to join its practice leading to partnership. Excellent suburban San Diego location. Send CV to Frank Millward, PO Box 9001, La Mesa, CA 92041-9001.

#### PHYSICIANS WANTED

**ROSEVILLE (PLACER COUNTY):** The Oakridge Medical Clinic, a seven physician Family Practice Group has an opening for a Board eligible or certified Family Practitioner. Salary initially with anticipated buy-in later. No initial investment. Large medical facility with x-ray, lab, and minor surgery. Excellent location situated next to a 250 bed community hospital. No OB. On call every seventh weekend, four day work week, seven weeks vacation per year. Excellent fringe benefits. Beautiful, rapidly growing Northern California Sierra Foothill Community near Sacramento. Unlimited surrounding recreational facilities. Contact: William A. Anthony, Jr, MD, Roseville, CA 95678; (916) 782-1221.

**SANTA BARBARA COUNTY:** You're needed in Northern Santa Barbara County! Santa Barbara County Health Care Services has full-time salaried positions available for BC/BE Family Practitioners interested in a position involving primary outpatient care in our Santa Maria clinic. We offer a unique opportunity to practice quality medicine in a multi-specialty community clinic. Shared call with four other primary care physicians. Close to Central California's spectacular coastline as well as other inland recreational areas. Knowledge of Spanish helpful but not required. Send CV to: Gary Erbeck, MPH, Santa Barbara County Health Care Services, 300 San Antonio Rd., Santa Barbara, CA 93110.

**HAWAII, GARDEN ISLAND OF KAUAI:** Internal Medicine physician with preferable extra training and/or experience in pulmonary medicine and/or allergic disorders. Practice on the beautiful island of Kauai with 35-member hospital-based multispecialty group. Call or write to: Neal Sutherland, MD, Kauai Medical Group, 3420-B Kuhio Highway, Lihue, HI 96766. Phone: (808) 245-1554.

**GASTROENTEROLOGIST FOR LOS ANGELES AREA**—Association leading to partnership with established physician. For details, call Eloise Gusman, 1 (800) 535-7698; or send CV to 2800 Veterans Blvd., Suite 170, Metairie, LA 70002.

**PHYSICIAN WANTED**—California, Fresno area. Two Board certified Family Practitioners seeking third associate. Practice opportunities include, Surgery, ER, and OB if desired. Send CV to PO Box 922, Selma, CA 93662 or call (209) 896-2624.

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(Continued on Page 572)

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(Continued from Page 570)

#### PHYSICIANS WANTED

**SAN JOAQUIN VALLEY:** Sports medicine opportunity for an Emergency Physician in an acute injury center and sports medicine clinic will train for orthopedic assisting. No nights. Salary range \$88-98,000 includes malpractice plus production bonus. Average 40 hours/week. Contact Star Injury Center and Sports Medical Clinic, 6143 N. Fresno, Ste 108, Fresno, CA 93710.

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#### PRACTICE WANTED

**PATHOLOGY PRACTICE** with clinical genetic toxicology research sought by pathology resident (AP/CP) finishing early-mid 1986, taking pathology boards Spring 1986. Seek concurrent conventional pathology responsibilities and chance to monitor human mutagen exposure. California, Wisconsin licenses. PhD in Biophysics. Extensive experience in animal cell culture and mutagenesis assays. References and curriculum vitae available. Particular interest in Northern California practice; will also consider other locations. Write Dr Busch, Dept. of Pathology, University of Wisconsin Hospital and Clinics, 600 Highland Ave., Madison, WI 53792.

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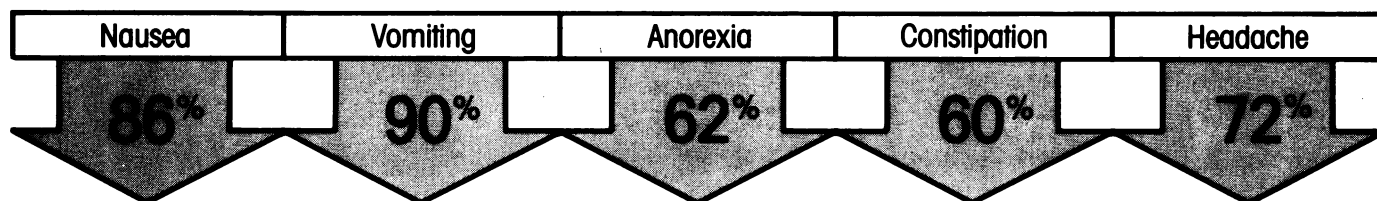
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Sleep improved in 74% after only one h.s. dose in selected patients

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More than three times as many amitriptyline patients as Limbitrol patients dropped out of therapy because of side effects, although the incidence of side effects was similar. Caution patients against the combined effects of Limbitrol with alcohol or other CNS depressants and about activities requiring complete mental alertness, such as operating machinery or driving a car. In general, limit dosage to lowest effective amount in elderly patients.

References: 1. Data on file, Hoffmann-La Roche Inc., Nutley, NJ. 2. Feighner JP, et al. *Psychopharmacology* 61:217-225, Mar 22, 1979.

**Limbitrol<sup>®</sup>**  
Each tablet contains 5 mg chlordiazepoxide and 12.5 mg amitriptyline (as the hydrochloride salt)   
**Limbitrol<sup>®</sup> DS**  
Each tablet contains 10 mg chlordiazepoxide and 25 mg amitriptyline (as the hydrochloride salt) 

**A brighter perspective...sooner**

### Limbitrol<sup>®</sup> @ Tranquillizer-Antidepressant

**Before prescribing, please consult complete product information, a summary of which follows:**  
**Indications:** Relief of moderate to severe depression associated with moderate to severe anxiety.  
**Contraindications:** Known hypersensitivity to benzodiazepines or tricyclic antidepressants. Do not use with monoamine oxidase (MAO) inhibitors or within 14 days following discontinuation of MAO inhibitors since hyperpyretic crises, severe convulsions and deaths have occurred with concomitant use; then initiate cautiously, gradually increasing dosage until optimal response is achieved. Contraindicated during acute recovery phase following myocardial infarction.  
**Warnings:** Use with great care in patients with history of urinary retention or angle-closure glaucoma. Severe constipation may occur in patients taking tricyclic antidepressants and anticholinergic-type drugs. Closely supervise cardiovascular patients. (Arrhythmias, sinus tachycardia and prolongation of conduction time reported with use of tricyclic antidepressants, especially high doses. Myocardial infarction and stroke reported with use of this class of drugs.) Caution patients about possible combined effects with alcohol and other CNS depressants and against hazardous occupations requiring complete mental alertness (e.g., operating machinery, driving).  
**Usage in Pregnancy:** Use of minor tranquilizers during the first trimester should almost always be avoided because of increased risk of congenital malformations as suggested in several studies. Consider possibility of pregnancy when instituting therapy; advise patients to discuss therapy if they intend to or do become pregnant.

Since physical and psychological dependence to chlordiazepoxide have been reported rarely, use caution in administering Limbitrol to addiction-prone individuals or those who might increase dosage; withdrawal symptoms following discontinuation of either component alone have been reported (nausea, headache and malaise for amitriptyline; symptoms [including convulsions] similar to those of barbiturate withdrawal for chlordiazepoxide).

**Precautions:** Use with caution in patients with a history of seizures, in hyperthyroid patients or those on thyroid medication, and in patients with impaired renal or hepatic function. Because of the possibility of suicide in depressed patients, do not permit easy access to large quantities in these patients. Periodic liver function tests and blood counts are recommended during prolonged treatment. Amitriptyline component may block action of guanethidine or similar antihypertensives. When tricyclic antidepressants are used concomitantly with cimetidine (Tagamet), clinically significant effects have been reported involving delayed elimination and increasing steady state concentrations of the tricyclic drugs. Concomitant use of Limbitrol with other psychotropic drugs has not been evaluated; sedative effects may be additive. Discontinue several days before surgery. Limit concomitant administration of ECT to essential treatment. See Warnings for precautions about pregnancy. Limbitrol should not be taken during the nursing period. Not recommended in children under 12. In the elderly and debilitated, limit to smallest effective dosage to preclude ataxia, oversedation, confusion or anticholinergic effects.

**Adverse Reactions:** Most frequently reported are those associated with either component alone: drowsiness, dry mouth, constipation, blurred vision, dizziness and bloating. Less frequently occurring reactions include vivid dreams, impotence, tremor, confusion and nasal congestion. Many depressive symptoms including anorexia, fatigue, weakness, restlessness and lethargy have been reported as side effects of both Limbitrol and amitriptyline. Granulocytopenia, jaundice and hepatic dysfunction have been observed rarely.

The following list includes adverse reactions not reported with Limbitrol but requiring consideration because they have been reported with one or both components or closely related drugs:

**Cardiovascular:** Hypotension, hypertension, tachycardia, palpitations, myocardial infarction, arrhythmias, heart block, stroke.

**Psychiatric:** Euphoria, apprehension, poor concentration, delusions, hallucinations, hypomania and increased or decreased libido.

**Neurologic:** Incoordination, ataxia, numbness, tingling and paresthesias of the extremities, extrapyramidal symptoms, syncope, changes in EEG patterns.

**Anticholinergic:** Disturbance of accommodation, paralytic ileus, urinary retention, dilatation of urinary tract.

**Allergic:** Skin rash, urticaria, photosensitization, edema of face and tongue, pruritus.

**Hematologic:** Bone marrow depression including agranulocytosis, eosinophilia, purpura, thrombocytopenia.

**Gastrointestinal:** Nausea, epigastric distress, vomiting, anorexia, stomatitis, peculiar taste, diarrhea, black tongue.

**Endocrine:** Testicular swelling and gynecomastia in the male, breast enlargement, galactorrhea and minor menstrual irregularities in the female, elevation and lowering of blood sugar levels, and syndrome of inappropriate ADH (antidiuretic hormone) secretion.

**Other:** Headache, weight gain or loss, increased perspiration, urinary frequency, mydriasis, jaundice, alopecia, parotid swelling.

**Overdosage:** Immediately hospitalize patient suspected of having taken an overdose. Treatment is symptomatic and supportive. I.V. administration of 1 to 3 mg physostigmine salicylate has been reported to reverse the symptoms of amitriptyline poisoning. See complete product information for manifestation and treatment.

**Dosage:** Individualize according to symptom severity and patient response. Reduce to smallest effective dosage when satisfactory response is obtained. Larger portion of daily dose may be taken at bedtime. Single h.s. dose may suffice for some patients. Lower dosages are recommended for the elderly.

Limbitrol DS (double strength) Tablets, initial dosage of three or four tablets daily in divided doses, increased up to six tablets or decreased to two tablets daily as required. Limbitrol Tablets, initial dosage of three or four tablets daily in divided doses, for patients who do not tolerate higher doses.

**How Supplied:** Double strength (DS) Tablets, white, film-coated, each containing 10 mg chlordiazepoxide and 25 mg amitriptyline (as the hydrochloride salt), and Tablets, blue, film-coated, each containing 5 mg chlordiazepoxide and 12.5 mg amitriptyline (as the hydrochloride salt). Available in bottles of 100 and 500; Tel-E-Dose<sup>®</sup> packages of 100; Prescription Paks of 50.



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